



## Virginia Beach (outer coast), VA - Nov 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:50	4.2	9:08	3.2	2:20	0.7	3:13	0.7	6:27	5:07	☀
2	Thu	9:29	4.1	9:49	3.1	2:57	0.8	3:57	0.8	6:28	5:05	☀
3	Fri	10:12	4.0	10:34	3.0	3:40	0.9	4:45	0.9	6:29	5:04	☀
4	Sat	10:57	4.0	11:22	3.0	4:30	1.0	5:34	0.9	6:31	5:03	☀
5	Sun	11:46	3.9			5:26	1.0	6:26	0.8	6:32	5:02	☀
6	Mon	12:17	3.1	12:40	3.8	6:26	1.0	7:21	0.7	6:33	5:02	☀
7	Tue	1:21	3.3	1:44	3.8	7:33	0.9	8:16	0.5	6:34	5:01	☀
8	Wed	2:30	3.6	2:48	3.8	8:41	0.7	9:09	0.3	6:35	5:00	☀
9	Thu	3:30	4.0	3:47	3.8	9:45	0.5	10:00	0.1	6:36	4:59	☀
10	Fri	4:25	4.4	4:44	3.8	10:46	0.3	10:51	-0.1	6:37	4:58	☀
11	Sat	5:19	4.8	5:40	3.9	11:47	0.0	11:44	-0.3	6:38	4:57	☀
12	Sun	6:12	5.0	6:34	3.9			12:43	-0.2	6:39	4:56	☀
13	Mon	7:03	5.2	7:27	3.8	12:35	-0.4	1:34	-0.3	6:40	4:56	☀
14	Tue	7:54	5.1	8:18	3.7	1:25	-0.4	2:25	-0.2	6:41	4:55	☀
15	Wed	8:46	5.0	9:12	3.6	2:15	-0.3	3:19	-0.1	6:42	4:54	☀
16	Thu	9:40	4.7	10:09	3.5	3:08	0.0	4:17	0.1	6:43	4:54	☀
17	Fri	10:35	4.4	11:07	3.3	4:06	0.2	5:16	0.3	6:44	4:53	☀
18	Sat	11:30	4.0			5:09	0.5	6:14	0.5	6:45	4:52	☀
19	Sun	12:06	3.2	12:25	3.7	6:13	0.7	7:12	0.6	6:46	4:52	☀
20	Mon	1:14	3.2	1:28	3.4	7:23	0.9	8:08	0.6	6:47	4:51	☀
21	Tue	2:26	3.3	2:33	3.2	8:32	0.9	8:55	0.6	6:48	4:51	☀
22	Wed	3:22	3.4	3:27	3.1	9:31	0.9	9:36	0.6	6:49	4:50	☀
23	Thu	4:08	3.6	4:13	3.0	10:23	0.9	10:13	0.6	6:50	4:50	☀
24	Fri	4:48	3.7	4:56	3.0	11:12	0.8	10:51	0.5	6:51	4:49	☀
25	Sat	5:27	3.9	5:38	3.0	11:56	0.6	11:29	0.5	6:52	4:49	☀
26	Sun	6:04	4.0	6:18	3.0			12:34	0.5	6:53	4:49	☀
27	Mon	6:40	4.0	6:56	3.0	12:08	0.4	1:08	0.4	6:54	4:48	☀
28	Tue	7:15	4.1	7:32	3.0	12:45	0.4	1:41	0.3	6:55	4:48	☀
29	Wed	7:51	4.1	8:08	2.9	1:21	0.3	2:15	0.3	6:56	4:48	☀
30	Thu	8:28	4.0	8:47	2.9	1:57	0.3	2:54	0.3	6:57	4:48	☀