US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Dec 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**9:08**	4.0	**9:30**	2.9	**2:37**	0.4	**3:36**	0.4	6:58	4:47	
2	Sat	**9:51**	3.9	**10:17**	2.9	**3:21**	0.5	**4:22**	0.3	6:59	4:47	
3	Sun	**10:36**	3.8	**11:06**	3.0	**4:12**	0.5	**5:09**	0.3	7:00	4:47	
4	Mon	**11:22**	3.7	**11:58**	3.1	**5:09**	0.6	**5:57**	0.2	7:00	4:47	
5	Tue			**12:12**	3.5	**6:09**	0.6	**6:47**	0.1	7:01	4:47	
6	Wed	**12:56**	3.3	**1:10**	3.4	**7:14**	0.5	**7:41**	0.0	7:02	4:47	
7	Thu	**2:02**	3.6	**2:16**	3.2	**8:23**	0.4	**8:35**	-0.1	7:03	4:47	
8	Fri	**3:06**	3.9	**3:20**	3.2	**9:29**	0.2	**9:29**	-0.3	7:04	4:47	
9	Sat	**4:03**	4.2	**4:21**	3.2	**10:32**	0.0	**10:24**	-0.4	7:05	4:47	
10	Sun	**5:00**	4.5	**5:21**	3.2	**11:34**	-0.2	**11:21**	-0.5	7:05	4:47	
11	Mon	**5:56**	4.6	**6:19**	3.3			**12:32**	-0.3	7:06	4:47	
12	Tue	**6:50**	4.7	**7:13**	3.3	**12:18**	-0.6	**1:24**	-0.4	7:07	4:48	
13	Wed	**7:41**	4.7	**8:05**	3.3	**1:10**	-0.6	**2:13**	-0.4	7:08	4:48	
14	Thu	**8:31**	4.5	**8:57**	3.3	**2:01**	-0.5	**3:03**	-0.3	7:08	4:48	
15	Fri	**9:22**	4.2	**9:51**	3.2	**2:52**	-0.3	**3:55**	-0.2	7:09	4:48	
16	Sat	**10:12**	3.9	**10:44**	3.1	**3:47**	-0.1	**4:47**	-0.1	7:10	4:49	
17	Sun	**10:59**	3.6	**11:36**	3.1	**4:44**	0.2	**5:36**	0.1	7:10	4:49	
18	Mon	**11:44**	3.3			**5:42**	0.4	**6:22**	0.2	7:11	4:49	
19	Tue	**12:29**	3.0	**12:30**	2.9	**6:41**	0.6	**7:07**	0.3	7:11	4:50	
20	Wed	**1:29**	3.0	**1:24**	2.7	**7:45**	0.7	**7:53**	0.3	7:12	4:50	
21	Thu	**2:30**	3.1	**2:27**	2.5	**8:47**	0.7	**8:37**	0.4	7:13	4:51	
22	Fri	**3:21**	3.2	**3:23**	2.4	**9:41**	0.7	**9:20**	0.4	7:13	4:51	
23	Sat	**4:06**	3.3	**4:13**	2.4	**10:32**	0.6	**10:03**	0.3	7:14	4:52	
24	Sun	**4:49**	3.4	**5:02**	2.4	**11:22**	0.5	**10:49**	0.3	7:14	4:52	
25	Mon	**5:32**	3.5	**5:48**	2.5			**12:07**	0.3	7:14	4:53	
26	Tue	**6:14**	3.7	**6:31**	2.6			**12:45**	0.2	7:15	4:54	
27	Wed	**6:53**	3.8	**7:10**	2.7	**12:19**	0.1	**1:21**	0.0	7:15	4:54	
28	Thu	**7:31**	3.8	**7:49**	2.7	**1:00**	0.0	**1:56**	-0.1	7:15	4:55	
29	Fri	**8:10**	3.9	**8:29**	2.8	**1:40**	-0.1	**2:33**	-0.1	7:16	4:56	
30	Sat	**8:49**	3.8	**9:12**	2.9	**2:21**	-0.1	**3:13**	-0.2	7:16	4:56	
31	Sun	**9:31**	3.8	**9:56**	3.0	**3:07**	-0.1	**3:56**	-0.2	7:16	4:57	