






























Virginia Beach (outer coast), VA - Feb 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:28	3.0			5:37	-0.1	5:46	-0.5	7:06	5:29	
2	Fri	12:07	3.6	12:22	2.8	6:40	0.0	6:42	-0.4	7:05	5:30	
3	Sat	1:10	3.5	1:29	2.5	7:50	0.1	7:45	-0.3	7:04	5:31	
4	Sun	2:25	3.5	2:47	2.5	9:03	0.1	8:52	-0.3	7:03	5:32	
5	Mon	3:38	3.6	4:00	2.5	10:12	0.0	9:59	-0.3	7:02	5:33	
6	Tue	4:43	3.7	5:05	2.7	11:18	-0.1	11:04	-0.4	7:01	5:34	
7	Wed	5:43	3.7	6:04	2.9			12:14	-0.3	7:00	5:35	
8	Thu	6:35	3.8	6:54	3.1	12:05	-0.5	1:01	-0.4	6:59	5:36	
9	Fri	7:19	3.8	7:39	3.3	12:57	-0.6	1:40	-0.5	6:58	5:37	
10	Sat	7:58	3.7	8:20	3.4	1:41	-0.5	2:16	-0.5	6:57	5:38	
11	Sun	8:35	3.6	9:00	3.4	2:22	-0.4	2:50	-0.5	6:56	5:39	
12	Mon	9:12	3.4	9:39	3.3	3:02	-0.3	3:25	-0.3	6:55	5:40	
13	Tue	9:48	3.1	10:18	3.3	3:44	-0.1	4:00	-0.2	6:54	5:41	
14	Wed	10:25	2.9	10:56	3.2	4:27	0.1	4:37	0.0	6:53	5:42	
15	Thu	11:02	2.7	11:35	3.1	5:11	0.3	5:15	0.1	6:52	5:43	
16	Fri	11:42	2.5			5:57	0.4	5:56	0.3	6:51	5:44	
17	Sat	12:19	2.9	12:27	2.3	6:48	0.6	6:44	0.4	6:49	5:45	
18	Sun	1:13	2.9	1:25	2.1	7:48	0.6	7:40	0.4	6:48	5:47	
19	Mon	2:21	2.9	2:36	2.1	8:51	0.6	8:39	0.4	6:47	5:48	
20	Tue	3:25	3.0	3:40	2.2	9:49	0.5	9:37	0.3	6:46	5:49	
21	Wed	4:20	3.2	4:35	2.4	10:43	0.4	10:33	0.1	6:44	5:50	
22	Thu	5:10	3.4	5:27	2.7	11:32	0.1	11:28	-0.1	6:43	5:51	
23	Fri	5:57	3.6	6:15	3.0			12:16	-0.2	6:42	5:52	
24	Sat	6:41	3.8	6:59	3.4	12:19	-0.4	12:56	-0.4	6:41	5:53	
25	Sun	7:22	3.9	7:42	3.7	1:06	-0.6	1:34	-0.6	6:39	5:54	
26	Mon	8:04	3.8	8:26	3.9	1:52	-0.7	2:14	-0.7	6:38	5:55	
27	Tue	8:47	3.7	9:13	4.0	2:39	-0.7	2:56	-0.7	6:37	5:56	
28	Wed	9:34	3.5	10:02	4.0	3:31	-0.6	3:42	-0.7	6:35	5:56	