

































Virginia Beach (outer coast), VA - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:22	3.7	2:06	3.1	8:06	0.2	8:18	0.4	6:09	7:52	
2	Wed	2:34	3.4	3:23	3.2	9:09	0.3	9:33	0.5	6:08	7:53	
3	Thu	3:47	3.2	4:26	3.3	10:05	0.3	10:38	0.5	6:07	7:54	
4	Fri	4:45	3.1	5:18	3.5	10:53	0.3	11:36	0.4	6:06	7:54	
5	Sat	5:35	3.0	6:03	3.7	11:37	0.3			6:05	7:55	
6	Sun	6:21	3.0	6:44	3.8	12:29	0.4	12:18	0.3	6:04	7:56	
7	Mon	7:03	3.0	7:21	3.9	1:14	0.3	12:56	0.3	6:03	7:57	
8	Tue	7:41	3.0	7:55	3.9	1:51	0.2	1:31	0.3	6:02	7:58	
9	Wed	8:16	3.0	8:28	3.9	2:23	0.1	2:04	0.3	6:01	7:59	
10	Thu	8:50	3.0	9:01	3.9	2:54	0.1	2:37	0.3	6:00	8:00	
11	Fri	9:26	2.9	9:37	3.8	3:26	0.1	3:11	0.4	5:59	8:00	
12	Sat	10:03	2.9	10:15	3.7	4:02	0.2	3:48	0.5	5:58	8:01	
13	Sun	10:42	2.8	10:56	3.6	4:41	0.3	4:30	0.6	5:57	8:02	
14	Mon	11:24	2.8	11:38	3.5	5:25	0.4	5:16	0.6	5:56	8:03	
15	Tue			12:07	2.8	6:10	0.4	6:08	0.7	5:56	8:04	
16	Wed	12:21	3.4	12:54	2.9	6:55	0.4	7:02	0.7	5:55	8:05	
17	Thu	1:09	3.3	1:47	3.0	7:44	0.3	8:03	0.6	5:54	8:06	
18	Fri	2:04	3.2	2:50	3.3	8:36	0.2	9:09	0.5	5:53	8:06	
19	Sat	3:07	3.2	3:51	3.6	9:28	0.1	10:12	0.3	5:52	8:07	
20	Sun	4:10	3.2	4:48	4.0	10:21	-0.1	11:13	0.1	5:52	8:08	
21	Mon	5:09	3.2	5:43	4.3	11:13	-0.2			5:51	8:09	
22	Tue	6:08	3.3	6:38	4.6	12:15	-0.2	12:09	-0.4	5:50	8:10	
23	Wed	7:06	3.4	7:33	4.8	1:14	-0.4	1:04	-0.5	5:50	8:10	
24	Thu	8:02	3.4	8:26	4.9	2:08	-0.6	1:58	-0.5	5:49	8:11	
25	Fri	8:56	3.5	9:19	4.8	3:00	-0.6	2:51	-0.5	5:49	8:12	
26	Sat	9:51	3.5	10:13	4.6	3:52	-0.5	3:45	-0.4	5:48	8:13	
27	Sun	10:48	3.4	11:09	4.3	4:48	-0.4	4:44	-0.2	5:48	8:13	
28	Mon	11:46	3.4			5:45	-0.2	5:47	0.0	5:47	8:14	
29	Tue	12:04	3.9	12:43	3.3	6:41	-0.1	6:51	0.3	5:47	8:15	
30	Wed	12:57	3.6	1:43	3.3	7:35	0.1	7:58	0.4	5:46	8:15	
31	Thu	1:54	3.2	2:50	3.3	8:28	0.2	9:08	0.6	5:46	8:16	