

































Virginia Beach (outer coast), VA - Jan 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:41	4.5	8:06	3.4	1:12	-0.9	2:09	-0.8	7:16	4:58	
2	Wed	8:32	4.4	9:00	3.5	2:05	-0.8	2:58	-0.8	7:16	4:58	
3	Thu	9:23	4.2	9:55	3.5	2:59	-0.7	3:49	-0.7	7:16	4:59	
4	Fri	10:13	3.9	10:48	3.4	3:57	-0.5	4:40	-0.5	7:17	5:00	
5	Sat	11:01	3.5	11:40	3.4	4:56	-0.2	5:29	-0.4	7:17	5:01	
6	Sun	11:48	3.1			5:56	0.1	6:17	-0.2	7:17	5:02	
7	Mon	12:34	3.3	12:38	2.7	6:58	0.3	7:06	0.0	7:17	5:03	
8	Tue	1:36	3.2	1:38	2.5	8:04	0.4	7:57	0.1	7:17	5:04	
9	Wed	2:40	3.1	2:45	2.3	9:07	0.5	8:48	0.2	7:17	5:04	
10	Thu	3:35	3.2	3:44	2.3	10:03	0.5	9:37	0.2	7:16	5:05	
11	Fri	4:24	3.2	4:35	2.3	10:56	0.4	10:25	0.2	7:16	5:06	
12	Sat	5:10	3.3	5:24	2.4	11:46	0.3	11:14	0.1	7:16	5:07	
13	Sun	5:54	3.4	6:09	2.5			12:26	0.2	7:16	5:08	
14	Mon	6:33	3.5	6:49	2.6			1:00	0.0	7:16	5:09	
15	Tue	7:09	3.6	7:25	2.7	12:40	-0.1	1:31	-0.1	7:15	5:10	
16	Wed	7:43	3.6	8:00	2.8	1:17	-0.1	2:01	-0.2	7:15	5:11	
17	Thu	8:17	3.6	8:37	2.9	1:53	-0.2	2:34	-0.3	7:15	5:12	
18	Fri	8:52	3.5	9:15	3.0	2:32	-0.1	3:08	-0.3	7:14	5:13	
19	Sat	9:29	3.4	9:56	3.1	3:14	-0.1	3:46	-0.3	7:14	5:14	
20	Sun	10:09	3.2	10:39	3.2	4:01	0.0	4:27	-0.3	7:13	5:15	
21	Mon	10:51	3.1	11:25	3.3	4:52	0.1	5:10	-0.3	7:13	5:16	
22	Tue	11:36	2.9			5:46	0.1	5:58	-0.3	7:12	5:17	
23	Wed	12:16	3.4	12:29	2.7	6:46	0.2	6:51	-0.3	7:12	5:19	
24	Thu	1:17	3.4	1:34	2.6	7:53	0.2	7:53	-0.3	7:11	5:20	
25	Fri	2:27	3.5	2:48	2.5	9:02	0.1	8:57	-0.4	7:11	5:21	
26	Sat	3:36	3.7	3:57	2.7	10:09	-0.1	10:01	-0.5	7:10	5:22	
27	Sun	4:41	3.9	5:04	2.8	11:15	-0.3	11:06	-0.7	7:09	5:23	
28	Mon	5:42	4.1	6:06	3.1			12:15	-0.5	7:09	5:24	
29	Tue	6:38	4.2	7:01	3.3	12:08	-0.8	1:06	-0.7	7:08	5:25	
30	Wed	7:28	4.2	7:52	3.5	1:04	-0.9	1:51	-0.8	7:07	5:26	
31	Thu	8:15	4.1	8:41	3.6	1:55	-0.9	2:35	-0.9	7:07	5:27	