

































Virginia Beach (outer coast), VA - Jul 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:15	3.1	11:19	3.4	5:04	0.2	5:10	0.6	5:48	8:27	
2	Tue	11:54	3.2	11:58	3.3	5:42	0.2	5:59	0.6	5:48	8:27	
3	Wed			12:35	3.3	6:22	0.2	6:50	0.7	5:49	8:26	
4	Thu	12:40	3.1	1:21	3.5	7:03	0.1	7:45	0.6	5:49	8:26	
5	Fri	1:28	3.0	2:14	3.6	7:50	0.1	8:46	0.6	5:50	8:26	
6	Sat	2:26	2.9	3:15	3.8	8:44	0.1	9:49	0.4	5:50	8:26	
7	Sun	3:32	2.8	4:16	4.1	9:41	0.0	10:51	0.3	5:51	8:26	
8	Mon	4:37	2.9	5:16	4.3	10:39	-0.1	11:53	0.1	5:51	8:25	
9	Tue	5:41	3.0	6:16	4.5	11:40	-0.2			5:52	8:25	
10	Wed	6:45	3.2	7:15	4.7	12:55	-0.2	12:43	-0.4	5:53	8:25	
11	Thu	7:45	3.5	8:11	4.7	1:51	-0.4	1:43	-0.5	5:53	8:25	
12	Fri	8:41	3.7	9:03	4.7	2:42	-0.5	2:39	-0.5	5:54	8:24	
13	Sat	9:35	3.8	9:55	4.5	3:31	-0.6	3:34	-0.4	5:54	8:24	
14	Sun	10:31	3.9	10:47	4.2	4:21	-0.6	4:33	-0.3	5:55	8:23	
15	Mon	11:26	4.0	11:38	3.9	5:12	-0.5	5:34	0.0	5:56	8:23	
16	Tue			12:18	4.0	6:01	-0.3	6:35	0.2	5:56	8:22	
17	Wed	12:27	3.5	1:11	3.9	6:50	-0.1	7:37	0.4	5:57	8:22	
18	Thu	1:16	3.2	2:08	3.8	7:38	0.1	8:42	0.6	5:58	8:21	
19	Fri	2:13	2.9	3:11	3.7	8:29	0.3	9:46	0.7	5:59	8:21	
20	Sat	3:22	2.7	4:09	3.7	9:23	0.4	10:44	0.7	5:59	8:20	
21	Sun	4:25	2.6	5:01	3.7	10:14	0.6	11:38	0.7	6:00	8:19	
22	Mon	5:20	2.6	5:49	3.7	11:05	0.6			6:01	8:19	
23	Tue	6:12	2.7	6:35	3.7	12:30	0.6	11:56 AM	0.6	6:02	8:18	
24	Wed	7:00	2.8	7:17	3.8	1:14	0.5	12:45	0.6	6:02	8:17	
25	Thu	7:41	3.0	7:54	3.9	1:50	0.4	1:28	0.5	6:03	8:17	
26	Fri	8:19	3.1	8:29	3.9	2:21	0.3	2:06	0.4	6:04	8:16	
27	Sat	8:54	3.2	9:02	3.9	2:50	0.2	2:43	0.4	6:05	8:15	
28	Sun	9:29	3.3	9:37	3.8	3:20	0.2	3:21	0.4	6:05	8:14	
29	Mon	10:06	3.4	10:12	3.7	3:52	0.1	4:01	0.5	6:06	8:13	
30	Tue	10:44	3.5	10:50	3.6	4:27	0.1	4:46	0.6	6:07	8:13	
31	Wed	11:23	3.7	11:30	3.4	5:05	0.2	5:34	0.6	6:08	8:12	