

































Virginia Beach (outer coast), VA - Jan 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	12:53	2.9	12:59	2.5	7:15	0.7	7:21	0.2	7:16	4:58	
2	Sat	1:50	3.0	1:59	2.4	8:14	0.6	8:12	0.2	7:16	4:59	
3	Sun	2:48	3.1	3:00	2.4	9:12	0.5	9:04	0.1	7:17	5:00	
4	Mon	3:42	3.4	3:56	2.5	10:08	0.3	9:56	-0.1	7:17	5:00	
5	Tue	4:33	3.6	4:51	2.6	11:03	0.1	10:50	-0.3	7:17	5:01	
6	Wed	5:25	3.9	5:45	2.8	11:56	-0.2	11:44	-0.5	7:17	5:02	
7	Thu	6:16	4.1	6:37	3.1			12:45	-0.4	7:17	5:03	
8	Fri	7:04	4.2	7:26	3.3	12:37	-0.7	1:30	-0.6	7:17	5:04	
9	Sat	7:51	4.3	8:16	3.4	1:27	-0.8	2:15	-0.8	7:16	5:05	
10	Sun	8:38	4.2	9:08	3.6	2:17	-0.8	3:01	-0.8	7:16	5:06	
11	Mon	9:28	4.1	10:02	3.6	3:11	-0.8	3:51	-0.8	7:16	5:07	
12	Tue	10:19	3.8	10:56	3.7	4:09	-0.6	4:43	-0.8	7:16	5:08	
13	Wed	11:10	3.5	11:51	3.6	5:09	-0.4	5:35	-0.7	7:16	5:09	
14	Thu			12:03	3.2	6:12	-0.2	6:30	-0.5	7:15	5:10	
15	Fri	12:53	3.6	1:04	2.8	7:20	0.0	7:29	-0.4	7:15	5:11	
16	Sat	2:04	3.5	2:18	2.6	8:33	0.1	8:31	-0.3	7:15	5:12	
17	Sun	3:14	3.5	3:30	2.5	9:40	0.1	9:32	-0.2	7:14	5:13	
18	Mon	4:15	3.5	4:32	2.6	10:44	0.1	10:32	-0.2	7:14	5:14	
19	Tue	5:11	3.6	5:29	2.6	11:42	0.0	11:29	-0.2	7:14	5:15	
20	Wed	6:01	3.6	6:19	2.8			12:31	-0.1	7:13	5:16	
21	Thu	6:44	3.6	7:01	2.9	12:20	-0.3	1:10	-0.2	7:13	5:17	
22	Fri	7:22	3.6	7:39	2.9	1:01	-0.3	1:43	-0.3	7:12	5:18	
23	Sat	7:56	3.6	8:15	3.0	1:37	-0.3	2:13	-0.3	7:12	5:19	
24	Sun	8:29	3.5	8:51	3.0	2:12	-0.2	2:44	-0.3	7:11	5:20	
25	Mon	9:03	3.3	9:27	3.0	2:47	-0.1	3:16	-0.2	7:10	5:21	
26	Tue	9:38	3.2	10:05	3.0	3:26	0.0	3:51	-0.2	7:10	5:22	
27	Wed	10:15	3.0	10:42	3.0	4:08	0.2	4:28	-0.1	7:09	5:23	
28	Thu	10:52	2.8	11:21	3.0	4:52	0.3	5:06	0.0	7:08	5:24	
29	Fri	11:31	2.6			5:38	0.4	5:48	0.1	7:08	5:26	
30	Sat	12:04	3.0	12:15	2.5	6:29	0.4	6:34	0.1	7:07	5:27	
31	Sun	12:55	3.0	1:09	2.3	7:27	0.5	7:28	0.1	7:06	5:28	