

































## Virginia Beach (outer coast), VA - Aug 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:44	3.4	8:01	4.1	1:48	0.2	1:43	0.2	6:09	8:10	
2	Mon	8:26	3.5	8:39	4.0	2:26	0.1	2:24	0.3	6:10	8:09	
3	Tue	9:05	3.6	9:14	3.9	2:59	0.1	3:02	0.3	6:11	8:08	
4	Wed	9:42	3.6	9:49	3.8	3:30	0.1	3:39	0.4	6:12	8:07	
5	Thu	10:19	3.6	10:26	3.6	4:02	0.2	4:19	0.6	6:12	8:06	
6	Fri	10:57	3.6	11:03	3.5	4:37	0.3	5:01	0.7	6:13	8:05	
7	Sat	11:34	3.6	11:41	3.3	5:13	0.4	5:46	0.8	6:14	8:04	
8	Sun			12:12	3.6	5:52	0.5	6:31	0.9	6:15	8:03	
9	Mon	12:20	3.1	12:53	3.6	6:32	0.6	7:20	1.0	6:16	8:02	
10	Tue	1:02	2.9	1:39	3.6	7:15	0.7	8:14	1.0	6:16	8:01	
11	Wed	1:52	2.8	2:35	3.6	8:05	0.7	9:13	1.0	6:17	8:00	
12	Thu	2:54	2.8	3:36	3.7	9:01	0.7	10:10	0.9	6:18	7:59	
13	Fri	3:59	2.9	4:34	3.9	9:59	0.6	11:05	0.7	6:19	7:57	
14	Sat	4:59	3.1	5:29	4.1	10:57	0.4			6:20	7:56	
15	Sun	5:56	3.3	6:23	4.4	12:00	0.4	11:55 AM	0.2	6:21	7:55	
16	Mon	6:52	3.7	7:15	4.5	12:52	0.2	12:53	0.0	6:21	7:54	
17	Tue	7:44	4.0	8:04	4.6	1:40	-0.1	1:48	-0.2	6:22	7:52	
18	Wed	8:34	4.3	8:52	4.6	2:25	-0.3	2:40	-0.3	6:23	7:51	
19	Thu	9:23	4.6	9:40	4.5	3:09	-0.4	3:32	-0.2	6:24	7:50	
20	Fri	10:15	4.7	10:31	4.3	3:55	-0.4	4:27	-0.1	6:25	7:49	
21	Sat	11:08	4.7	11:24	4.0	4:45	-0.3	5:27	0.0	6:26	7:47	
22	Sun			12:02	4.6	5:38	-0.2	6:28	0.3	6:26	7:46	
23	Mon	12:17	3.7	12:58	4.5	6:33	0.0	7:31	0.5	6:27	7:45	
24	Tue	1:13	3.5	2:01	4.3	7:31	0.3	8:41	0.6	6:28	7:43	
25	Wed	2:21	3.2	3:15	4.2	8:36	0.5	9:50	0.7	6:29	7:42	
26	Thu	3:42	3.2	4:24	4.1	9:43	0.6	10:52	0.7	6:30	7:41	
27	Fri	4:50	3.2	5:22	4.1	10:47	0.6	11:49	0.7	6:30	7:39	
28	Sat	5:49	3.4	6:13	4.1	11:47	0.6			6:31	7:38	
29	Sun	6:40	3.5	6:59	4.1	12:40	0.6	12:43	0.6	6:32	7:36	
30	Mon	7:25	3.7	7:39	4.1	1:22	0.5	1:29	0.6	6:33	7:35	
31	Tue	8:03	3.8	8:14	4.0	1:57	0.4	2:08	0.6	6:34	7:34	