



Virginia Beach (outer coast), VA - Jan 1995

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 7:10 | 4.5 | 7:32 | 3.5 | 12:43 | -0.9 | 1:35 | -0.8 | 7:16 | 4:58 | ● |
| 2 | Mon | 8:00 | 4.5 | 8:24 | 3.5 | 1:35 | -0.9 | 2:23 | -0.8 | 7:16 | 4:58 | ● |
| 3 | Tue | 8:49 | 4.3 | 9:17 | 3.5 | 2:26 | -0.8 | 3:12 | -0.8 | 7:16 | 4:59 | ● |
| 4 | Wed | 9:39 | 4.0 | 10:09 | 3.4 | 3:19 | -0.6 | 4:02 | -0.6 | 7:17 | 5:00 | ● |
| 5 | Thu | 10:27 | 3.7 | 11:00 | 3.3 | 4:15 | -0.3 | 4:52 | -0.5 | 7:17 | 5:01 | ◐ |
| 6 | Fri | 11:13 | 3.4 | 11:50 | 3.2 | 5:12 | 0.0 | 5:39 | -0.3 | 7:17 | 5:02 | ◑ |
| 7 | Sat | 11:59 | 3.0 | | | 6:09 | 0.2 | 6:26 | -0.1 | 7:17 | 5:03 | ◑ |
| 8 | Sun | 12:43 | 3.1 | 12:49 | 2.7 | 7:09 | 0.4 | 7:14 | 0.0 | 7:17 | 5:04 | ◒ |
| 9 | Mon | 1:45 | 3.0 | 1:49 | 2.5 | 8:13 | 0.5 | 8:05 | 0.1 | 7:16 | 5:04 | ◒ |
| 10 | Tue | 2:48 | 3.0 | 2:53 | 2.4 | 9:12 | 0.5 | 8:54 | 0.2 | 7:16 | 5:05 | ◒ |
| 11 | Wed | 3:40 | 3.1 | 3:49 | 2.4 | 10:06 | 0.5 | 9:41 | 0.2 | 7:16 | 5:06 | ◒ |
| 12 | Thu | 4:27 | 3.2 | 4:39 | 2.4 | 10:57 | 0.4 | 10:28 | 0.1 | 7:16 | 5:07 | ◒ |
| 13 | Fri | 5:11 | 3.3 | 5:26 | 2.5 | 11:44 | 0.2 | 11:15 | 0.0 | 7:16 | 5:08 | ◓ |
| 14 | Sat | 5:54 | 3.4 | 6:10 | 2.6 | | | 12:23 | 0.1 | 7:16 | 5:09 | ◓ |
| 15 | Sun | 6:32 | 3.5 | 6:50 | 2.8 | 12:00 | -0.1 | 12:57 | -0.1 | 7:15 | 5:10 | ◓ |
| 16 | Mon | 7:08 | 3.6 | 7:27 | 2.9 | 12:41 | -0.2 | 1:30 | -0.2 | 7:15 | 5:11 | ◓ |
| 17 | Tue | 7:43 | 3.7 | 8:05 | 3.0 | 1:20 | -0.3 | 2:03 | -0.3 | 7:15 | 5:12 | ◓ |
| 18 | Wed | 8:19 | 3.7 | 8:44 | 3.1 | 1:59 | -0.3 | 2:38 | -0.4 | 7:14 | 5:13 | ◓ |
| 19 | Thu | 8:57 | 3.6 | 9:26 | 3.2 | 2:41 | -0.3 | 3:17 | -0.4 | 7:14 | 5:14 | ◓ |
| 20 | Fri | 9:38 | 3.5 | 10:10 | 3.2 | 3:26 | -0.3 | 3:59 | -0.4 | 7:13 | 5:15 | ◓ |
| 21 | Sat | 10:22 | 3.4 | 10:57 | 3.3 | 4:17 | -0.2 | 4:45 | -0.4 | 7:13 | 5:16 | ◓ |
| 22 | Sun | 11:08 | 3.2 | 11:47 | 3.4 | 5:11 | -0.1 | 5:33 | -0.4 | 7:12 | 5:18 | ◓ |
| 23 | Mon | 11:58 | 3.0 | | | 6:08 | 0.0 | 6:25 | -0.4 | 7:12 | 5:19 | ◓ |
| 24 | Tue | 12:44 | 3.4 | 12:57 | 2.8 | 7:11 | 0.0 | 7:24 | -0.4 | 7:11 | 5:20 | ◑ |
| 25 | Wed | 1:51 | 3.5 | 2:07 | 2.7 | 8:20 | 0.0 | 8:27 | -0.4 | 7:11 | 5:21 | ◑ |
| 26 | Thu | 3:02 | 3.6 | 3:19 | 2.8 | 9:27 | -0.1 | 9:31 | -0.5 | 7:10 | 5:22 | ◑ |
| 27 | Fri | 4:07 | 3.8 | 4:27 | 2.9 | 10:32 | -0.3 | 10:34 | -0.6 | 7:09 | 5:23 | ◑ |
| 28 | Sat | 5:09 | 4.0 | 5:30 | 3.1 | 11:36 | -0.5 | 11:37 | -0.7 | 7:09 | 5:24 | ◑ |
| 29 | Sun | 6:07 | 4.1 | 6:29 | 3.3 | | | 12:32 | -0.7 | 7:08 | 5:25 | ◑ |
| 30 | Mon | 6:58 | 4.2 | 7:20 | 3.4 | 12:35 | -0.9 | 1:20 | -0.8 | 7:07 | 5:26 | ◑ |
| 31 | Tue | 7:45 | 4.1 | 8:08 | 3.5 | 1:26 | -0.9 | 2:04 | -0.8 | 7:06 | 5:27 | ● |