

































Virginia Beach (outer coast), VA - May 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:41	3.3	7:05	4.1	12:39	0.1	12:44	0.0	6:09	7:52	
2	Thu	7:27	3.4	7:49	4.3	1:26	-0.2	1:28	-0.2	6:07	7:53	
3	Fri	8:11	3.5	8:33	4.5	2:11	-0.3	2:12	-0.3	6:06	7:54	
4	Sat	8:56	3.6	9:18	4.5	2:55	-0.5	2:56	-0.3	6:05	7:55	
5	Sun	9:43	3.6	10:07	4.5	3:42	-0.5	3:44	-0.3	6:04	7:56	
6	Mon	10:35	3.5	10:59	4.4	4:33	-0.4	4:37	-0.2	6:03	7:57	
7	Tue	11:29	3.5	11:52	4.2	5:27	-0.3	5:35	-0.1	6:02	7:58	
8	Wed			12:25	3.4	6:24	-0.2	6:37	0.1	6:01	7:58	
9	Thu	12:48	4.0	1:25	3.4	7:22	-0.1	7:43	0.2	6:00	7:59	
10	Fri	1:50	3.7	2:36	3.5	8:23	-0.1	8:55	0.2	5:59	8:00	
11	Sat	3:02	3.5	3:49	3.6	9:25	0.0	10:05	0.2	5:58	8:01	
12	Sun	4:12	3.4	4:51	3.8	10:22	0.0	11:10	0.1	5:58	8:02	
13	Mon	5:13	3.4	5:46	4.0	11:16	-0.1			5:57	8:03	
14	Tue	6:09	3.4	6:37	4.1	12:11	0.0	12:08	-0.1	5:56	8:04	
15	Wed	7:00	3.3	7:23	4.2	1:07	-0.1	12:57	-0.1	5:55	8:04	
16	Thu	7:47	3.3	8:04	4.2	1:54	-0.2	1:41	-0.1	5:54	8:05	
17	Fri	8:29	3.3	8:42	4.1	2:34	-0.2	2:21	0.0	5:54	8:06	
18	Sat	9:08	3.3	9:19	4.0	3:11	-0.1	2:58	0.1	5:53	8:07	
19	Sun	9:48	3.2	9:57	3.9	3:47	0.0	3:35	0.2	5:52	8:08	
20	Mon	10:29	3.1	10:36	3.7	4:25	0.1	4:16	0.4	5:51	8:08	
21	Tue	11:11	3.1	11:16	3.5	5:05	0.2	5:00	0.5	5:51	8:09	
22	Wed	11:53	3.0	11:57	3.4	5:47	0.3	5:47	0.7	5:50	8:10	
23	Thu			12:35	2.9	6:29	0.4	6:35	0.7	5:50	8:11	
24	Fri	12:38	3.2	1:20	2.9	7:12	0.4	7:26	0.8	5:49	8:12	
25	Sat	1:24	3.1	2:12	3.0	7:58	0.5	8:22	0.8	5:48	8:12	
26	Sun	2:17	3.0	3:10	3.1	8:46	0.4	9:20	0.7	5:48	8:13	
27	Mon	3:17	2.9	4:04	3.4	9:35	0.3	10:16	0.5	5:47	8:14	
28	Tue	4:14	2.9	4:53	3.6	10:24	0.2	11:11	0.3	5:47	8:14	
29	Wed	5:07	3.0	5:42	3.9	11:13	0.1			5:47	8:15	
30	Thu	6:01	3.1	6:32	4.2	12:05	0.1	12:04	-0.1	5:46	8:16	
31	Fri	6:54	3.3	7:22	4.5	12:59	-0.2	12:56	-0.3	5:46	8:16	