



## Virginia Beach (outer coast), VA - Jul 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:19	3.6	8:44	4.8	2:20	-0.6	2:21	-0.6	5:48	8:27	☉
2	Tue	9:13	3.8	9:36	4.7	3:10	-0.7	3:14	-0.6	5:49	8:26	☉
3	Wed	10:09	3.9	10:30	4.5	4:01	-0.7	4:11	-0.5	5:49	8:26	☉
4	Thu	11:06	3.9	11:24	4.2	4:54	-0.7	5:12	-0.3	5:50	8:26	☾
5	Fri			12:02	3.9	5:49	-0.6	6:15	-0.1	5:50	8:26	☾
6	Sat	12:18	3.9	12:58	3.9	6:43	-0.4	7:20	0.1	5:51	8:26	☾
7	Sun	1:12	3.6	1:59	3.8	7:36	-0.2	8:28	0.3	5:51	8:26	☾
8	Mon	2:13	3.3	3:07	3.8	8:32	-0.1	9:36	0.4	5:52	8:25	☾
9	Tue	3:22	3.0	4:10	3.8	9:28	0.1	10:38	0.4	5:52	8:25	☾
10	Wed	4:26	2.9	5:04	3.8	10:22	0.2	11:36	0.4	5:53	8:25	☾
11	Thu	5:23	2.9	5:54	3.8	11:13	0.3			5:54	8:24	☾
12	Fri	6:15	2.9	6:40	3.8	12:31	0.4	12:03	0.3	5:54	8:24	☾
13	Sat	7:03	3.0	7:21	3.9	1:18	0.3	12:51	0.3	5:55	8:23	☾
14	Sun	7:46	3.1	7:58	3.9	1:57	0.2	1:34	0.3	5:56	8:23	☾
15	Mon	8:24	3.1	8:33	3.9	2:29	0.2	2:11	0.3	5:56	8:22	☾
16	Tue	9:00	3.2	9:07	3.8	2:59	0.1	2:47	0.3	5:57	8:22	☾
17	Wed	9:37	3.3	9:41	3.8	3:29	0.1	3:23	0.4	5:58	8:21	☾
18	Thu	10:15	3.3	10:17	3.7	4:02	0.1	4:03	0.5	5:58	8:21	☾
19	Fri	10:53	3.3	10:55	3.5	4:38	0.2	4:46	0.5	5:59	8:20	☾
20	Sat	11:32	3.4	11:33	3.4	5:16	0.2	5:32	0.6	6:00	8:20	☾
21	Sun			12:11	3.4	5:55	0.3	6:20	0.7	6:01	8:19	☾
22	Mon	12:14	3.3	12:53	3.5	6:37	0.3	7:11	0.7	6:01	8:18	☾
23	Tue	12:58	3.2	1:42	3.6	7:22	0.3	8:07	0.7	6:02	8:18	☾
24	Wed	1:49	3.1	2:39	3.8	8:13	0.3	9:08	0.6	6:03	8:17	☾
25	Thu	2:52	3.0	3:41	4.0	9:10	0.2	10:09	0.4	6:04	8:16	☾
26	Fri	3:58	3.1	4:41	4.2	10:09	0.1	11:09	0.2	6:05	8:15	☾
27	Sat	5:01	3.2	5:40	4.4	11:08	-0.1			6:05	8:14	☉
28	Sun	6:04	3.4	6:38	4.6	12:09	0.0	12:10	-0.2	6:06	8:14	☉
29	Mon	7:05	3.7	7:35	4.8	1:08	-0.3	1:11	-0.4	6:07	8:13	☉
30	Tue	8:03	4.0	8:28	4.8	2:01	-0.5	2:08	-0.5	6:08	8:12	☉
31	Wed	8:57	4.2	9:19	4.8	2:50	-0.6	3:02	-0.5	6:09	8:11	☉