

































Virginia Beach (outer coast), VA - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:51	4.3	10:11	4.6	3:39	-0.7	3:57	-0.4	6:09	8:10	
2	Fri	10:46	4.3	11:04	4.3	4:30	-0.6	4:56	-0.2	6:10	8:09	
3	Sat	11:40	4.3	11:56	4.0	5:22	-0.4	5:57	0.0	6:11	8:08	
4	Sun			12:33	4.2	6:14	-0.2	6:59	0.3	6:12	8:07	
5	Mon	12:47	3.6	1:29	4.0	7:06	0.0	8:03	0.5	6:13	8:06	
6	Tue	1:43	3.3	2:32	3.9	8:00	0.3	9:10	0.6	6:13	8:05	
7	Wed	2:49	3.1	3:38	3.8	8:57	0.4	10:12	0.7	6:14	8:04	
8	Thu	3:59	3.0	4:36	3.8	9:53	0.6	11:08	0.7	6:15	8:03	
9	Fri	4:57	3.0	5:27	3.8	10:46	0.6			6:16	8:02	
10	Sat	5:49	3.0	6:13	3.8	12:01	0.7	11:37 AM	0.7	6:17	8:01	
11	Sun	6:37	3.2	6:55	3.9	12:48	0.6	12:26	0.6	6:18	7:59	
12	Mon	7:20	3.3	7:33	3.9	1:27	0.5	1:10	0.6	6:18	7:58	
13	Tue	7:58	3.4	8:08	4.0	1:59	0.4	1:49	0.5	6:19	7:57	
14	Wed	8:33	3.5	8:41	4.0	2:28	0.3	2:25	0.5	6:20	7:56	
15	Thu	9:08	3.6	9:14	3.9	2:57	0.3	3:01	0.5	6:21	7:55	
16	Fri	9:43	3.7	9:49	3.8	3:28	0.3	3:38	0.5	6:22	7:53	
17	Sat	10:19	3.8	10:25	3.7	4:02	0.3	4:20	0.6	6:23	7:52	
18	Sun	10:58	3.8	11:05	3.6	4:39	0.3	5:05	0.7	6:23	7:51	
19	Mon	11:39	3.9	11:47	3.5	5:19	0.4	5:53	0.7	6:24	7:50	
20	Tue			12:22	4.0	6:03	0.4	6:44	0.8	6:25	7:48	
21	Wed	12:32	3.4	1:11	4.0	6:51	0.5	7:40	0.8	6:26	7:47	
22	Thu	1:23	3.3	2:08	4.1	7:45	0.5	8:42	0.7	6:27	7:46	
23	Fri	2:26	3.3	3:14	4.2	8:46	0.4	9:46	0.6	6:27	7:44	
24	Sat	3:37	3.3	4:20	4.4	9:50	0.3	10:47	0.4	6:28	7:43	
25	Sun	4:45	3.5	5:22	4.5	10:53	0.2	11:48	0.2	6:29	7:42	
26	Mon	5:49	3.8	6:21	4.7	11:56	0.0			6:30	7:40	
27	Tue	6:50	4.1	7:18	4.8	12:46	-0.1	12:59	-0.1	6:31	7:39	
28	Wed	7:47	4.4	8:11	4.9	1:40	-0.3	1:56	-0.3	6:31	7:37	
29	Thu	8:39	4.6	9:01	4.8	2:28	-0.4	2:49	-0.3	6:32	7:36	
30	Fri	9:29	4.7	9:50	4.6	3:14	-0.4	3:42	-0.2	6:33	7:35	
31	Sat	10:21	4.7	10:41	4.3	4:01	-0.3	4:37	0.0	6:34	7:33	