
































Virginia Beach (outer coast), VA - Nov 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:23	3.9	11:56	3.2	5:07	1.0	6:04	0.9	6:28	5:06	
2	Sat			12:09	3.6	5:58	1.1	6:54	1.0	6:29	5:05	
3	Sun	12:51	3.2	1:01	3.5	6:53	1.2	7:46	1.0	6:30	5:04	
4	Mon	1:58	3.2	2:03	3.4	7:53	1.2	8:34	0.9	6:31	5:03	
5	Tue	2:58	3.3	3:01	3.4	8:51	1.2	9:18	0.8	6:32	5:02	
6	Wed	3:46	3.5	3:50	3.4	9:43	1.0	10:00	0.7	6:33	5:01	
7	Thu	4:28	3.7	4:35	3.5	10:32	0.8	10:42	0.5	6:34	5:00	
8	Fri	5:10	4.0	5:20	3.5	11:21	0.6	11:25	0.4	6:35	4:59	
9	Sat	5:51	4.2	6:04	3.6			12:08	0.4	6:36	4:59	
10	Sun	6:32	4.5	6:47	3.7	12:08	0.2	12:52	0.2	6:37	4:58	
11	Mon	7:14	4.6	7:30	3.7	12:50	0.1	1:34	0.1	6:38	4:57	
12	Tue	7:56	4.7	8:15	3.7	1:32	0.0	2:18	0.0	6:39	4:56	
13	Wed	8:41	4.7	9:03	3.7	2:16	0.0	3:05	0.0	6:40	4:55	
14	Thu	9:31	4.6	9:56	3.6	3:05	0.1	3:58	0.1	6:41	4:55	
15	Fri	10:23	4.5	10:51	3.6	4:00	0.2	4:54	0.1	6:42	4:54	
16	Sat	11:16	4.3	11:49	3.6	5:00	0.3	5:51	0.2	6:43	4:53	
17	Sun			12:14	4.1	6:03	0.4	6:50	0.2	6:44	4:53	
18	Mon	12:55	3.6	1:19	3.9	7:12	0.5	7:51	0.1	6:45	4:52	
19	Tue	2:10	3.7	2:31	3.7	8:25	0.5	8:50	0.1	6:46	4:52	
20	Wed	3:19	3.9	3:35	3.7	9:32	0.4	9:45	0.0	6:47	4:51	
21	Thu	4:17	4.2	4:33	3.6	10:35	0.3	10:38	-0.1	6:48	4:51	
22	Fri	5:10	4.3	5:28	3.6	11:35	0.1	11:30	-0.1	6:49	4:50	
23	Sat	6:00	4.5	6:18	3.6			12:28	0.0	6:50	4:50	
24	Sun	6:45	4.5	7:04	3.6	12:18	-0.1	1:14	0.0	6:51	4:49	
25	Mon	7:26	4.5	7:46	3.5	1:01	-0.1	1:54	0.0	6:52	4:49	
26	Tue	8:06	4.4	8:27	3.4	1:41	0.0	2:33	0.1	6:53	4:48	
27	Wed	8:45	4.2	9:09	3.3	2:19	0.1	3:12	0.2	6:54	4:48	
28	Thu	9:24	4.0	9:53	3.2	2:59	0.3	3:54	0.3	6:55	4:48	
29	Fri	10:05	3.8	10:37	3.1	3:43	0.5	4:37	0.4	6:56	4:48	
30	Sat	10:46	3.6	11:21	3.0	4:30	0.7	5:20	0.5	6:57	4:47	