































Virginia Beach (outer coast), VA - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:26	3.4			5:18	0.8	6:03	0.5	6:58	4:47	
2	Mon	12:07	3.0	12:10	3.2	6:09	0.9	6:48	0.6	6:59	4:47	
3	Tue	12:59	3.0	1:00	3.1	7:04	0.9	7:35	0.5	7:00	4:47	
4	Wed	1:58	3.1	1:59	3.0	8:03	0.9	8:23	0.5	7:01	4:47	
5	Thu	2:54	3.2	2:57	3.0	9:00	0.8	9:10	0.3	7:02	4:47	
6	Fri	3:43	3.5	3:49	3.0	9:53	0.6	9:57	0.2	7:02	4:47	
7	Sat	4:29	3.8	4:40	3.1	10:46	0.3	10:45	0.0	7:03	4:47	
8	Sun	5:16	4.0	5:30	3.2	11:39	0.1	11:35	-0.2	7:04	4:47	
9	Mon	6:04	4.3	6:21	3.3			12:28	-0.2	7:05	4:47	
10	Tue	6:51	4.5	7:09	3.4	12:24	-0.4	1:15	-0.4	7:06	4:47	
11	Wed	7:37	4.6	7:58	3.5	1:12	-0.5	2:01	-0.5	7:06	4:47	
12	Thu	8:25	4.6	8:49	3.5	2:00	-0.5	2:49	-0.5	7:07	4:48	
13	Fri	9:16	4.5	9:44	3.5	2:51	-0.5	3:42	-0.5	7:08	4:48	
14	Sat	10:09	4.3	10:41	3.5	3:48	-0.3	4:37	-0.5	7:09	4:48	
15	Sun	11:02	4.0	11:38	3.5	4:49	-0.2	5:32	-0.4	7:09	4:48	
16	Mon	11:57	3.7			5:53	0.0	6:29	-0.3	7:10	4:49	
17	Tue	12:41	3.5	12:59	3.4	7:01	0.1	7:28	-0.3	7:10	4:49	
18	Wed	1:53	3.6	2:09	3.2	8:14	0.2	8:27	-0.2	7:11	4:49	
19	Thu	3:03	3.7	3:17	3.1	9:23	0.2	9:23	-0.2	7:12	4:50	
20	Fri	4:02	3.8	4:17	3.0	10:26	0.1	10:17	-0.2	7:12	4:50	
21	Sat	4:56	3.9	5:12	3.0	11:25	0.0	11:10	-0.2	7:13	4:51	
22	Sun	5:45	3.9	6:03	3.0			12:18	-0.1	7:13	4:51	
23	Mon	6:30	4.0	6:48	3.0			1:01	-0.1	7:14	4:52	
24	Tue	7:10	3.9	7:28	3.1	12:43	-0.2	1:38	-0.2	7:14	4:52	
25	Wed	7:46	3.9	8:06	3.0	1:21	-0.2	2:12	-0.2	7:14	4:53	
26	Thu	8:21	3.8	8:45	3.0	1:57	-0.1	2:46	-0.1	7:15	4:54	
27	Fri	8:57	3.7	9:24	3.0	2:34	0.0	3:21	-0.1	7:15	4:54	
28	Sat	9:34	3.5	10:05	2.9	3:13	0.1	3:59	0.0	7:15	4:55	
29	Sun	10:12	3.3	10:46	2.9	3:56	0.3	4:38	0.1	7:16	4:56	
30	Mon	10:50	3.2	11:26	2.8	4:42	0.4	5:18	0.1	7:16	4:56	
31	Tue	11:30	3.0			5:29	0.5	5:59	0.2	7:16	4:57	