


































## Virginia Beach (outer coast), VA - Jan 1997

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Wed | 12:12 | 2.8 | 12:15 | 2.8 | 6:22  | 0.6  | 6:47  | 0.2  | 7:16  | 4:58 |    |
| 2    | Thu | 1:03  | 2.9 | 1:07  | 2.7 | 7:18  | 0.6  | 7:36  | 0.1  | 7:16  | 4:59 |    |
| 3    | Fri | 2:02  | 3.0 | 2:07  | 2.6 | 8:18  | 0.5  | 8:28  | 0.0  | 7:17  | 5:00 |    |
| 4    | Sat | 3:00  | 3.2 | 3:08  | 2.6 | 9:17  | 0.3  | 9:20  | -0.1 | 7:17  | 5:00 |    |
| 5    | Sun | 3:54  | 3.5 | 4:05  | 2.8 | 10:14 | 0.1  | 10:13 | -0.3 | 7:17  | 5:01 |    |
| 6    | Mon | 4:46  | 3.8 | 5:02  | 2.9 | 11:11 | -0.2 | 11:09 | -0.5 | 7:17  | 5:02 |    |
| 7    | Tue | 5:40  | 4.1 | 5:58  | 3.1 |       |      | 12:06 | -0.4 | 7:17  | 5:03 |    |
| 8    | Wed | 6:32  | 4.3 | 6:52  | 3.3 | 12:04 | -0.7 | 12:57 | -0.7 | 7:17  | 5:04 |    |
| 9    | Thu | 7:22  | 4.5 | 7:43  | 3.5 | 12:56 | -0.9 | 1:45  | -0.9 | 7:16  | 5:05 |    |
| 10   | Fri | 8:11  | 4.5 | 8:36  | 3.6 | 1:47  | -1.0 | 2:33  | -1.0 | 7:16  | 5:06 |    |
| 11   | Sat | 9:02  | 4.4 | 9:30  | 3.6 | 2:40  | -0.9 | 3:24  | -0.9 | 7:16  | 5:07 |    |
| 12   | Sun | 9:55  | 4.1 | 10:26 | 3.6 | 3:36  | -0.8 | 4:18  | -0.9 | 7:16  | 5:08 |   |
| 13   | Mon | 10:47 | 3.9 | 11:22 | 3.6 | 4:37  | -0.6 | 5:12  | -0.8 | 7:16  | 5:09 |  |
| 14   | Tue | 11:40 | 3.5 |       |     | 5:39  | -0.4 | 6:06  | -0.6 | 7:15  | 5:10 |  |
| 15   | Wed | 12:21 | 3.5 | 12:37 | 3.2 | 6:45  | -0.1 | 7:03  | -0.5 | 7:15  | 5:11 |  |
| 16   | Thu | 1:29  | 3.4 | 1:45  | 2.9 | 7:57  | 0.0  | 8:04  | -0.3 | 7:15  | 5:12 |  |
| 17   | Fri | 2:42  | 3.4 | 2:57  | 2.7 | 9:07  | 0.1  | 9:03  | -0.2 | 7:14  | 5:13 |  |
| 18   | Sat | 3:44  | 3.4 | 4:00  | 2.6 | 10:10 | 0.1  | 9:58  | -0.2 | 7:14  | 5:14 |  |
| 19   | Sun | 4:40  | 3.5 | 4:55  | 2.6 | 11:09 | 0.0  | 10:52 | -0.2 | 7:14  | 5:15 |  |
| 20   | Mon | 5:30  | 3.5 | 5:46  | 2.7 |       |      | 12:02 | 0.0  | 7:13  | 5:16 |  |
| 21   | Tue | 6:15  | 3.5 | 6:31  | 2.8 |       |      | 12:45 | -0.1 | 7:13  | 5:17 |  |
| 22   | Wed | 6:53  | 3.6 | 7:10  | 2.9 | 12:27 | -0.2 | 1:20  | -0.2 | 7:12  | 5:18 |  |
| 23   | Thu | 7:28  | 3.6 | 7:46  | 2.9 | 1:04  | -0.3 | 1:50  | -0.2 | 7:12  | 5:19 |  |
| 24   | Fri | 8:00  | 3.5 | 8:21  | 2.9 | 1:38  | -0.2 | 2:20  | -0.3 | 7:11  | 5:20 |  |
| 25   | Sat | 8:33  | 3.5 | 8:57  | 2.9 | 2:13  | -0.2 | 2:51  | -0.2 | 7:10  | 5:21 |  |
| 26   | Sun | 9:07  | 3.4 | 9:34  | 2.9 | 2:49  | -0.1 | 3:24  | -0.2 | 7:10  | 5:22 |  |
| 27   | Mon | 9:43  | 3.2 | 10:12 | 2.9 | 3:28  | 0.0  | 4:01  | -0.1 | 7:09  | 5:23 |  |
| 28   | Tue | 10:20 | 3.1 | 10:51 | 2.9 | 4:11  | 0.1  | 4:39  | -0.1 | 7:08  | 5:24 |  |
| 29   | Wed | 10:58 | 2.9 | 11:32 | 2.9 | 4:57  | 0.2  | 5:20  | 0.0  | 7:08  | 5:26 |  |
| 30   | Thu | 11:39 | 2.8 |       |     | 5:45  | 0.3  | 6:03  | 0.0  | 7:07  | 5:27 |  |
| 31   | Fri | 12:18 | 3.0 | 12:26 | 2.6 | 6:39  | 0.3  | 6:52  | 0.0  | 7:06  | 5:28 |  |