

































Virginia Beach (outer coast), VA - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:41	3.1	6:13	4.1	11:36	-0.1			5:48	8:27	
2	Wed	6:38	3.1	7:04	4.2	12:50	0.0	12:31	0.0	5:48	8:26	
3	Thu	7:30	3.2	7:49	4.2	1:40	-0.1	1:22	0.0	5:49	8:26	
4	Fri	8:15	3.2	8:30	4.1	2:23	-0.1	2:07	0.0	5:49	8:26	
5	Sat	8:57	3.3	9:08	4.0	3:00	-0.1	2:47	0.1	5:50	8:26	
6	Sun	9:38	3.3	9:46	3.9	3:36	-0.1	3:26	0.2	5:51	8:26	
7	Mon	10:19	3.3	10:24	3.7	4:12	0.0	4:07	0.3	5:51	8:26	
8	Tue	11:01	3.2	11:03	3.5	4:50	0.1	4:51	0.5	5:52	8:25	
9	Wed	11:41	3.2	11:41	3.4	5:28	0.2	5:37	0.6	5:52	8:25	
10	Thu			12:21	3.2	6:07	0.3	6:24	0.7	5:53	8:25	
11	Fri	12:20	3.2	1:01	3.2	6:46	0.3	7:12	0.8	5:54	8:24	
12	Sat	1:01	3.0	1:47	3.3	7:27	0.4	8:04	0.8	5:54	8:24	
13	Sun	1:48	2.9	2:40	3.4	8:12	0.4	9:01	0.8	5:55	8:23	
14	Mon	2:45	2.8	3:35	3.5	9:02	0.4	9:57	0.7	5:55	8:23	
15	Tue	3:45	2.8	4:28	3.7	9:53	0.3	10:51	0.5	5:56	8:23	
16	Wed	4:43	2.9	5:20	4.0	10:46	0.2	11:46	0.3	5:57	8:22	
17	Thu	5:38	3.0	6:12	4.2	11:40	0.1			5:58	8:22	
18	Fri	6:35	3.2	7:04	4.4	12:41	0.0	12:36	-0.1	5:58	8:21	
19	Sat	7:29	3.4	7:55	4.6	1:33	-0.2	1:31	-0.3	5:59	8:20	
20	Sun	8:21	3.7	8:44	4.7	2:20	-0.4	2:23	-0.4	6:00	8:20	
21	Mon	9:12	3.9	9:34	4.6	3:07	-0.6	3:14	-0.4	6:00	8:19	
22	Tue	10:05	4.0	10:25	4.5	3:55	-0.6	4:09	-0.3	6:01	8:18	
23	Wed	11:00	4.1	11:18	4.3	4:47	-0.6	5:09	-0.2	6:02	8:18	
24	Thu	11:55	4.1			5:40	-0.5	6:11	0.0	6:03	8:17	
25	Fri	12:11	4.0	12:50	4.1	6:33	-0.4	7:14	0.1	6:04	8:16	
26	Sat	1:05	3.7	1:50	4.1	7:27	-0.2	8:21	0.3	6:04	8:15	
27	Sun	2:07	3.4	2:59	4.0	8:25	0.0	9:31	0.4	6:05	8:15	
28	Mon	3:18	3.2	4:06	4.0	9:25	0.1	10:36	0.4	6:06	8:14	
29	Tue	4:27	3.1	5:04	4.0	10:23	0.2	11:37	0.4	6:07	8:13	
30	Wed	5:27	3.1	5:58	4.0	11:19	0.3			6:08	8:12	
31	Thu	6:23	3.2	6:48	4.0	12:34	0.3	12:16	0.3	6:08	8:11	