

































Virginia Beach (outer coast), VA - Aug 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:10	3.7	11:23	3.9	4:58	0.0	5:17	0.3	6:09	8:11	
2	Mon	11:57	3.8			5:44	0.0	6:12	0.4	6:10	8:10	
3	Tue	12:10	3.7	12:46	3.9	6:32	0.0	7:10	0.4	6:10	8:09	
4	Wed	1:00	3.5	1:41	4.0	7:23	0.0	8:13	0.5	6:11	8:08	
5	Thu	1:58	3.4	2:45	4.1	8:19	0.1	9:20	0.4	6:12	8:07	
6	Fri	3:07	3.3	3:53	4.2	9:20	0.1	10:25	0.3	6:13	8:06	
7	Sat	4:17	3.3	4:56	4.4	10:21	0.0	11:29	0.2	6:14	8:05	
8	Sun	5:23	3.4	5:57	4.5	11:23	0.0			6:14	8:04	
9	Mon	6:26	3.5	6:56	4.6	12:32	0.1	12:25	-0.1	6:15	8:02	
10	Tue	7:25	3.7	7:49	4.6	1:29	-0.1	1:25	-0.1	6:16	8:01	
11	Wed	8:18	3.9	8:38	4.6	2:18	-0.2	2:18	-0.2	6:17	8:00	
12	Thu	9:06	4.0	9:23	4.4	3:02	-0.2	3:06	-0.1	6:18	7:59	
13	Fri	9:53	4.0	10:08	4.2	3:45	-0.2	3:54	0.1	6:19	7:58	
14	Sat	10:41	4.0	10:52	4.0	4:28	0.0	4:44	0.3	6:19	7:57	
15	Sun	11:26	3.9	11:34	3.7	5:11	0.1	5:35	0.5	6:20	7:56	
16	Mon			12:10	3.8	5:53	0.3	6:25	0.7	6:21	7:54	
17	Tue	12:15	3.4	12:53	3.7	6:34	0.5	7:15	0.9	6:22	7:53	
18	Wed	12:57	3.2	1:39	3.6	7:17	0.7	8:09	1.0	6:23	7:52	
19	Thu	1:45	3.0	2:34	3.6	8:03	0.8	9:07	1.1	6:24	7:51	
20	Fri	2:46	2.9	3:34	3.6	8:54	0.9	10:02	1.1	6:24	7:49	
21	Sat	3:52	2.8	4:28	3.7	9:46	0.9	10:52	1.0	6:25	7:48	
22	Sun	4:48	2.9	5:16	3.8	10:37	0.9	11:42	0.9	6:26	7:47	
23	Mon	5:39	3.0	6:03	4.0	11:28	0.8			6:27	7:45	
24	Tue	6:27	3.2	6:48	4.1	12:29	0.7	12:19	0.7	6:28	7:44	
25	Wed	7:12	3.4	7:31	4.3	1:12	0.5	1:08	0.5	6:28	7:43	
26	Thu	7:54	3.7	8:11	4.3	1:50	0.3	1:53	0.3	6:29	7:41	
27	Fri	8:34	3.9	8:50	4.4	2:27	0.1	2:36	0.2	6:30	7:40	
28	Sat	9:15	4.1	9:32	4.3	3:05	0.0	3:20	0.2	6:31	7:38	
29	Sun	9:59	4.2	10:16	4.2	3:45	0.0	4:08	0.2	6:32	7:37	
30	Mon	10:47	4.4	11:04	4.1	4:29	0.0	5:01	0.3	6:33	7:36	
31	Tue	11:36	4.4	11:53	3.9	5:17	0.1	5:58	0.4	6:33	7:34	