

































Virginia Beach (outer coast), VA - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:14	3.1	4:32	2.5	10:35	0.5	10:24	0.3	6:33	5:58	
2	Thu	5:02	3.2	5:20	2.7	11:23	0.3	11:15	0.2	6:32	5:59	
3	Fri	5:47	3.4	6:03	2.9			12:05	0.1	6:31	6:00	
4	Sat	6:27	3.5	6:42	3.1	12:02	0.0	12:41	-0.1	6:29	6:01	
5	Sun	7:04	3.6	7:19	3.3	12:44	-0.2	1:15	-0.2	6:28	6:02	
6	Mon	7:40	3.7	7:57	3.5	1:23	-0.3	1:50	-0.3	6:26	6:03	
7	Tue	8:17	3.7	8:36	3.6	2:03	-0.4	2:26	-0.4	6:25	6:04	
8	Wed	8:57	3.6	9:18	3.7	2:46	-0.4	3:05	-0.4	6:24	6:05	
9	Thu	9:39	3.5	10:04	3.8	3:33	-0.3	3:49	-0.4	6:22	6:06	
10	Fri	10:25	3.3	10:52	3.8	4:24	-0.2	4:36	-0.3	6:21	6:06	
11	Sat	11:14	3.2	11:44	3.7	5:19	-0.1	5:28	-0.2	6:19	6:07	
12	Sun			12:07	3.0	6:18	0.0	6:25	-0.1	6:18	6:08	
13	Mon	12:44	3.7	1:12	2.9	7:24	0.1	7:29	0.0	6:16	6:09	
14	Tue	1:57	3.6	2:30	2.8	8:35	0.1	8:39	-0.1	6:15	6:10	
15	Wed	3:13	3.6	3:43	3.0	9:42	0.1	9:46	-0.2	6:13	6:11	
16	Thu	4:20	3.8	4:48	3.2	10:46	-0.1	10:52	-0.3	6:12	6:12	
17	Fri	5:21	3.9	5:47	3.5	11:45	-0.2	11:54	-0.4	6:10	6:13	
18	Sat	6:16	3.9	6:38	3.7			12:35	-0.4	6:09	6:14	
19	Sun	7:03	4.0	7:24	3.9	12:48	-0.6	1:18	-0.5	6:07	6:15	
20	Mon	7:46	3.9	8:06	4.0	1:35	-0.6	1:57	-0.5	6:06	6:15	
21	Tue	8:27	3.8	8:48	3.9	2:18	-0.5	2:34	-0.4	6:04	6:16	
22	Wed	9:07	3.6	9:29	3.8	3:01	-0.3	3:12	-0.2	6:03	6:17	
23	Thu	9:47	3.3	10:10	3.7	3:44	-0.1	3:52	0.0	6:02	6:18	
24	Fri	10:27	3.1	10:50	3.5	4:29	0.1	4:33	0.2	6:00	6:19	
25	Sat	11:08	2.9	11:32	3.3	5:14	0.3	5:16	0.4	5:59	6:20	
26	Sun	11:50	2.7			6:00	0.5	6:01	0.6	5:57	6:21	
27	Mon	12:17	3.1	12:39	2.6	6:51	0.6	6:53	0.7	5:56	6:22	
28	Tue	1:13	3.0	1:44	2.5	7:49	0.7	7:52	0.7	5:54	6:22	
29	Wed	2:22	3.0	2:54	2.5	8:48	0.7	8:52	0.7	5:53	6:23	
30	Thu	3:25	3.1	3:51	2.7	9:40	0.6	9:47	0.6	5:51	6:24	
31	Fri	4:17	3.2	4:39	2.9	10:29	0.5	10:40	0.4	5:50	6:25	