

































Virginia Beach (outer coast), VA - May 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:06	3.4	6:30	3.9			12:12	0.0	6:09	7:52	
2	Tue	6:55	3.5	7:17	4.2	12:51	-0.1	12:58	-0.2	6:07	7:53	
3	Wed	7:42	3.6	8:02	4.4	1:40	-0.3	1:44	-0.4	6:06	7:54	
4	Thu	8:28	3.7	8:48	4.6	2:27	-0.5	2:28	-0.5	6:05	7:55	
5	Fri	9:16	3.7	9:36	4.6	3:14	-0.6	3:14	-0.5	6:04	7:56	
6	Sat	10:06	3.6	10:28	4.6	4:05	-0.5	4:04	-0.4	6:03	7:57	
7	Sun	11:01	3.5	11:22	4.4	5:00	-0.4	5:00	-0.2	6:02	7:58	
8	Mon	11:57	3.4			5:58	-0.3	6:00	0.0	6:01	7:58	
9	Tue	12:19	4.2	12:55	3.3	6:58	-0.1	7:04	0.1	6:00	7:59	
10	Wed	1:19	3.9	2:03	3.3	8:01	0.0	8:14	0.2	5:59	8:00	
11	Thu	2:29	3.6	3:20	3.3	9:06	0.1	9:28	0.3	5:58	8:01	
12	Fri	3:44	3.5	4:27	3.5	10:06	0.1	10:36	0.2	5:58	8:02	
13	Sat	4:48	3.4	5:23	3.7	11:00	0.1	11:39	0.2	5:57	8:03	
14	Sun	5:44	3.3	6:14	3.9	11:50	0.0			5:56	8:04	
15	Mon	6:35	3.3	7:00	4.0	12:37	0.1	12:38	0.0	5:55	8:04	
16	Tue	7:21	3.3	7:41	4.1	1:27	0.0	1:20	0.0	5:54	8:05	
17	Wed	8:02	3.2	8:17	4.1	2:08	-0.1	1:57	0.0	5:54	8:06	
18	Thu	8:39	3.2	8:52	4.1	2:44	-0.1	2:31	0.1	5:53	8:07	
19	Fri	9:15	3.1	9:27	4.0	3:17	0.0	3:04	0.2	5:52	8:08	
20	Sat	9:53	3.1	10:04	3.8	3:51	0.1	3:40	0.3	5:51	8:08	
21	Sun	10:32	3.0	10:43	3.7	4:29	0.2	4:19	0.5	5:51	8:09	
22	Mon	11:13	2.9	11:24	3.5	5:10	0.3	5:03	0.6	5:50	8:10	
23	Tue	11:55	2.8			5:53	0.4	5:50	0.7	5:50	8:11	
24	Wed	12:05	3.4	12:37	2.8	6:36	0.4	6:39	0.8	5:49	8:12	
25	Thu	12:48	3.3	1:24	2.8	7:22	0.5	7:32	0.8	5:48	8:12	
26	Fri	1:36	3.2	2:18	2.9	8:10	0.4	8:31	0.8	5:48	8:13	
27	Sat	2:33	3.1	3:18	3.1	9:01	0.4	9:31	0.6	5:47	8:14	
28	Sun	3:33	3.1	4:13	3.4	9:50	0.2	10:29	0.4	5:47	8:14	
29	Mon	4:30	3.1	5:04	3.7	10:40	0.1	11:26	0.2	5:47	8:15	
30	Tue	5:25	3.2	5:55	4.1	11:30	-0.1			5:46	8:16	
31	Wed	6:19	3.3	6:47	4.4	12:23	-0.1	12:22	-0.3	5:46	8:17	