
































Virginia Beach (outer coast), VA - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:14	3.4	7:38	4.6	1:18	-0.4	1:14	-0.5	5:45	8:17	
2	Fri	8:07	3.5	8:29	4.8	2:10	-0.6	2:05	-0.6	5:45	8:18	
3	Sat	8:59	3.6	9:20	4.8	3:00	-0.7	2:55	-0.6	5:45	8:18	
4	Sun	9:52	3.6	10:14	4.7	3:51	-0.7	3:48	-0.5	5:45	8:19	
5	Mon	10:50	3.5	11:10	4.4	4:47	-0.6	4:47	-0.3	5:44	8:20	
6	Tue	11:48	3.5			5:46	-0.4	5:50	-0.1	5:44	8:20	
7	Wed	12:06	4.2	12:47	3.5	6:43	-0.3	6:55	0.1	5:44	8:21	
8	Thu	1:03	3.8	1:50	3.5	7:42	-0.2	8:04	0.2	5:44	8:21	
9	Fri	2:07	3.5	3:01	3.5	8:41	-0.1	9:16	0.3	5:44	8:22	
10	Sat	3:17	3.2	4:06	3.6	9:37	0.0	10:22	0.3	5:44	8:22	
11	Sun	4:21	3.1	5:00	3.7	10:28	0.1	11:22	0.3	5:44	8:23	
12	Mon	5:16	3.0	5:49	3.8	11:15	0.1			5:44	8:23	
13	Tue	6:07	2.9	6:34	3.9	12:18	0.3	12:02	0.2	5:44	8:24	
14	Wed	6:55	2.9	7:15	3.9	1:08	0.2	12:46	0.2	5:44	8:24	
15	Thu	7:37	2.9	7:53	4.0	1:50	0.1	1:27	0.2	5:44	8:24	
16	Fri	8:16	3.0	8:28	3.9	2:24	0.1	2:03	0.2	5:44	8:25	
17	Sat	8:52	3.0	9:03	3.9	2:56	0.1	2:38	0.3	5:44	8:25	
18	Sun	9:29	3.0	9:39	3.8	3:28	0.1	3:14	0.3	5:44	8:25	
19	Mon	10:08	2.9	10:17	3.7	4:03	0.1	3:52	0.4	5:44	8:26	
20	Tue	10:48	2.9	10:56	3.6	4:42	0.2	4:35	0.5	5:44	8:26	
21	Wed	11:29	2.9	11:36	3.5	5:23	0.2	5:21	0.6	5:45	8:26	
22	Thu			12:09	2.9	6:04	0.2	6:10	0.7	5:45	8:26	
23	Fri	12:16	3.4	12:52	3.0	6:46	0.3	7:01	0.7	5:45	8:26	
24	Sat	1:00	3.2	1:40	3.2	7:30	0.2	7:56	0.7	5:45	8:26	
25	Sun	1:50	3.1	2:35	3.4	8:18	0.2	8:57	0.6	5:46	8:27	
26	Mon	2:49	3.0	3:34	3.6	9:09	0.1	9:58	0.4	5:46	8:27	
27	Tue	3:51	3.0	4:31	3.9	10:02	0.0	10:57	0.2	5:46	8:27	
28	Wed	4:50	3.1	5:26	4.2	10:56	-0.2	11:58	-0.1	5:47	8:27	
29	Thu	5:50	3.2	6:22	4.5	11:52	-0.3			5:47	8:27	
30	Fri	6:50	3.3	7:18	4.7	12:58	-0.3	12:50	-0.5	5:48	8:27	