



Virginia Beach (outer coast), VA - Aug 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:22	4.0	9:43	4.7	3:18	-0.5	3:23	-0.4	6:09	8:10	☀
2	Wed	10:17	4.1	10:35	4.4	4:08	-0.5	4:19	-0.2	6:10	8:09	☀
3	Thu	11:11	4.1	11:26	4.1	4:59	-0.3	5:18	0.0	6:11	8:08	☀
4	Fri			12:04	4.1	5:50	-0.2	6:18	0.2	6:12	8:07	☀
5	Sat	12:15	3.8	12:55	4.0	6:39	0.0	7:18	0.5	6:13	8:06	☀
6	Sun	1:04	3.4	1:50	3.9	7:28	0.2	8:21	0.7	6:13	8:05	☀
7	Mon	1:59	3.1	2:52	3.8	8:19	0.5	9:26	0.8	6:14	8:04	☀
8	Tue	3:05	2.9	3:53	3.7	9:12	0.6	10:24	0.8	6:15	8:03	☀
9	Wed	4:11	2.8	4:45	3.7	10:03	0.7	11:17	0.8	6:16	8:02	☀
10	Thu	5:06	2.8	5:33	3.8	10:52	0.8			6:17	8:01	☀
11	Fri	5:56	2.9	6:18	3.8	12:08	0.8	11:41 AM	0.7	6:18	7:59	☀
12	Sat	6:43	3.0	7:01	3.9	12:53	0.7	12:30	0.7	6:18	7:58	☀
13	Sun	7:26	3.2	7:40	4.0	1:31	0.5	1:14	0.6	6:19	7:57	☀
14	Mon	8:03	3.3	8:15	4.1	2:04	0.4	1:54	0.5	6:20	7:56	☀
15	Tue	8:38	3.4	8:50	4.1	2:34	0.3	2:31	0.5	6:21	7:55	☀
16	Wed	9:14	3.5	9:25	4.0	3:06	0.3	3:08	0.5	6:22	7:53	☀
17	Thu	9:50	3.6	10:01	3.9	3:39	0.3	3:48	0.5	6:23	7:52	☀
18	Fri	10:29	3.7	10:40	3.8	4:15	0.3	4:32	0.6	6:23	7:51	☀
19	Sat	11:10	3.9	11:22	3.7	4:55	0.3	5:21	0.6	6:24	7:50	☀
20	Sun	11:53	4.0			5:37	0.3	6:12	0.7	6:25	7:48	☀
21	Mon	12:06	3.6	12:39	4.0	6:23	0.3	7:07	0.7	6:26	7:47	☀
22	Tue	12:54	3.4	1:32	4.1	7:12	0.4	8:07	0.7	6:27	7:46	☀
23	Wed	1:51	3.3	2:34	4.2	8:09	0.4	9:13	0.7	6:27	7:44	☀
24	Thu	2:59	3.3	3:43	4.3	9:11	0.4	10:18	0.5	6:28	7:43	☀
25	Fri	4:11	3.3	4:48	4.5	10:15	0.3	11:21	0.4	6:29	7:42	☀
26	Sat	5:17	3.5	5:50	4.6	11:18	0.2			6:30	7:40	☀
27	Sun	6:21	3.8	6:50	4.8	12:23	0.2	12:23	0.0	6:31	7:39	☀
28	Mon	7:20	4.1	7:45	4.8	1:20	0.0	1:23	-0.1	6:32	7:37	☀
29	Tue	8:14	4.3	8:35	4.8	2:10	-0.2	2:18	-0.2	6:32	7:36	☀
30	Wed	9:04	4.4	9:23	4.6	2:55	-0.2	3:10	-0.1	6:33	7:35	☀
31	Thu	9:53	4.5	10:11	4.4	3:40	-0.2	4:01	0.0	6:34	7:33	☀