































## Virginia Beach (outer coast), VA - Oct 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:56	4.5	11:13	3.7	4:32	0.5	5:19	0.7	6:59	6:47	
2	Mon	11:40	4.3	11:57	3.5	5:16	0.7	6:09	0.9	7:00	6:45	
3	Tue			12:23	4.1	6:02	0.9	6:59	1.0	7:01	6:44	
4	Wed	12:42	3.3	1:10	3.9	6:50	1.1	7:52	1.2	7:02	6:42	
5	Thu	1:34	3.1	2:05	3.8	7:42	1.3	8:51	1.2	7:03	6:41	
6	Fri	2:41	3.1	3:11	3.7	8:41	1.4	9:47	1.2	7:03	6:39	
7	Sat	3:53	3.1	4:11	3.7	9:41	1.3	10:34	1.1	7:04	6:38	
8	Sun	4:47	3.3	5:00	3.8	10:35	1.2	11:18	1.0	7:05	6:36	
9	Mon	5:32	3.5	5:45	3.9	11:25	1.1	11:59	0.8	7:06	6:35	
10	Tue	6:15	3.7	6:28	4.0			12:14	0.9	7:07	6:34	
11	Wed	6:55	4.0	7:09	4.1	12:40	0.6	1:01	0.7	7:08	6:32	
12	Thu	7:34	4.3	7:49	4.1	1:18	0.4	1:44	0.5	7:09	6:31	
13	Fri	8:12	4.5	8:28	4.1	1:55	0.3	2:26	0.4	7:10	6:29	
14	Sat	8:51	4.7	9:09	4.1	2:32	0.2	3:08	0.3	7:10	6:28	
15	Sun	9:32	4.8	9:53	4.0	3:11	0.2	3:54	0.3	7:11	6:27	
16	Mon	10:18	4.8	10:41	3.8	3:54	0.2	4:44	0.4	7:12	6:25	
17	Tue	11:08	4.7	11:33	3.7	4:43	0.3	5:40	0.5	7:13	6:24	
18	Wed			12:01	4.6	5:38	0.5	6:39	0.6	7:14	6:23	
19	Thu	12:28	3.6	12:57	4.5	6:37	0.6	7:41	0.6	7:15	6:21	
20	Fri	1:30	3.5	2:02	4.3	7:42	0.7	8:48	0.6	7:16	6:20	
21	Sat	2:46	3.5	3:17	4.2	8:53	0.7	9:53	0.6	7:17	6:19	
22	Sun	4:03	3.7	4:27	4.2	10:04	0.6	10:51	0.4	7:18	6:18	
23	Mon	5:06	4.0	5:26	4.2	11:09	0.5	11:45	0.3	7:19	6:16	
24	Tue	6:02	4.2	6:21	4.2			12:12	0.4	7:20	6:15	
25	Wed	6:54	4.5	7:12	4.2	12:36	0.2	1:09	0.3	7:21	6:14	
26	Thu	7:40	4.7	7:57	4.1	1:22	0.1	1:59	0.2	7:22	6:13	
27	Fri	8:22	4.7	8:38	4.0	2:03	0.1	2:42	0.2	7:23	6:12	
28	Sat	9:02	4.7	9:18	3.8	2:40	0.1	3:23	0.3	7:24	6:11	
29	Sun	8:41	4.6	8:59	3.6	2:17	0.3	3:04	0.4	6:25	5:09	
30	Mon	9:22	4.4	9:42	3.5	2:55	0.5	3:47	0.6	6:26	5:08	
31	Tue	10:03	4.2	10:25	3.3	3:36	0.7	4:32	0.7	6:27	5:07	