

































Virginia Beach (outer coast), VA - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:27	2.9	11:58	3.4	5:34	0.2	5:42	0.0	6:34	5:58	
2	Fri			12:17	2.7	6:30	0.2	6:36	0.0	6:32	5:59	
3	Sat	12:55	3.4	1:20	2.6	7:34	0.3	7:38	0.0	6:31	6:00	
4	Sun	2:05	3.5	2:34	2.7	8:42	0.2	8:44	-0.1	6:29	6:01	
5	Mon	3:17	3.6	3:44	2.9	9:48	0.0	9:50	-0.3	6:28	6:02	
6	Tue	4:22	3.8	4:49	3.1	10:52	-0.2	10:55	-0.5	6:27	6:02	
7	Wed	5:25	4.1	5:51	3.4	11:52	-0.4	11:58	-0.7	6:25	6:03	
8	Thu	6:22	4.2	6:46	3.8			12:44	-0.7	6:24	6:04	
9	Fri	7:13	4.3	7:37	4.0	12:54	-0.9	1:31	-0.8	6:22	6:05	
10	Sat	8:01	4.2	8:25	4.1	1:46	-0.9	2:15	-0.8	6:21	6:06	
11	Sun	8:48	4.0	9:14	4.1	2:36	-0.9	3:00	-0.7	6:20	6:07	
12	Mon	9:36	3.8	10:03	4.0	3:28	-0.7	3:46	-0.5	6:18	6:08	
13	Tue	10:23	3.4	10:51	3.8	4:22	-0.4	4:34	-0.3	6:17	6:09	
14	Wed	11:10	3.1	11:39	3.6	5:17	-0.1	5:22	0.0	6:15	6:10	
15	Thu	11:57	2.8			6:11	0.2	6:13	0.2	6:14	6:11	
16	Fri	12:32	3.3	12:52	2.6	7:11	0.4	7:09	0.4	6:12	6:12	
17	Sat	1:36	3.1	2:06	2.5	8:17	0.6	8:13	0.6	6:11	6:13	
18	Sun	2:49	3.0	3:18	2.5	9:18	0.6	9:14	0.6	6:09	6:13	
19	Mon	3:49	3.1	4:14	2.6	10:12	0.6	10:09	0.5	6:08	6:14	
20	Tue	4:40	3.1	5:02	2.7	11:01	0.5	11:01	0.4	6:06	6:15	
21	Wed	5:26	3.3	5:45	2.9	11:44	0.4	11:47	0.3	6:05	6:16	
22	Thu	6:06	3.4	6:23	3.1			12:19	0.2	6:03	6:17	
23	Fri	6:42	3.5	6:57	3.3	12:27	0.1	12:50	0.1	6:02	6:18	
24	Sat	7:16	3.5	7:30	3.5	1:03	0.0	1:20	0.0	6:00	6:19	
25	Sun	7:49	3.5	8:04	3.6	1:38	-0.1	1:51	-0.1	5:59	6:20	
26	Mon	8:23	3.4	8:39	3.7	2:14	-0.1	2:24	-0.1	5:57	6:21	
27	Tue	9:00	3.4	9:18	3.8	2:54	-0.1	3:00	-0.1	5:56	6:21	
28	Wed	9:40	3.2	10:00	3.8	3:37	0.0	3:42	0.0	5:54	6:22	
29	Thu	10:23	3.1	10:46	3.8	4:25	0.1	4:28	0.0	5:53	6:23	
30	Fri	11:10	3.0	11:36	3.7	5:17	0.1	5:19	0.1	5:52	6:24	
31	Sat			12:02	2.9	6:13	0.2	6:16	0.2	5:50	6:25	