

































## Virginia Beach (outer coast), VA - Aug 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:40	3.0	7:01	4.0	12:53	0.5	12:30	0.5	6:09	8:10	
2	Thu	7:26	3.1	7:42	4.0	1:37	0.4	1:18	0.5	6:10	8:09	
3	Fri	8:06	3.2	8:19	4.0	2:13	0.3	1:58	0.4	6:11	8:08	
4	Sat	8:43	3.3	8:54	4.0	2:44	0.3	2:34	0.5	6:12	8:07	
5	Sun	9:19	3.3	9:28	3.9	3:14	0.3	3:09	0.5	6:12	8:06	
6	Mon	9:55	3.4	10:03	3.8	3:45	0.3	3:46	0.6	6:13	8:05	
7	Tue	10:32	3.4	10:39	3.7	4:19	0.3	4:26	0.7	6:14	8:04	
8	Wed	11:10	3.5	11:16	3.5	4:55	0.4	5:10	0.8	6:15	8:03	
9	Thu	11:48	3.5	11:55	3.4	5:32	0.4	5:57	0.8	6:16	8:02	
10	Fri			12:27	3.6	6:11	0.5	6:45	0.9	6:17	8:01	
11	Sat	12:35	3.2	1:10	3.7	6:53	0.5	7:38	0.9	6:17	8:00	
12	Sun	1:21	3.1	2:01	3.8	7:39	0.5	8:37	0.9	6:18	7:58	
13	Mon	2:18	3.0	3:02	3.9	8:33	0.5	9:38	0.8	6:19	7:57	
14	Tue	3:24	3.0	4:04	4.1	9:32	0.4	10:39	0.6	6:20	7:56	
15	Wed	4:29	3.1	5:04	4.3	10:31	0.3	11:39	0.4	6:21	7:55	
16	Thu	5:32	3.3	6:04	4.6	11:32	0.1			6:22	7:54	
17	Fri	6:33	3.6	7:02	4.8	12:39	0.1	12:34	-0.1	6:22	7:52	
18	Sat	7:32	3.9	7:57	4.9	1:33	-0.1	1:34	-0.2	6:23	7:51	
19	Sun	8:26	4.2	8:48	4.9	2:23	-0.3	2:29	-0.3	6:24	7:50	
20	Mon	9:18	4.4	9:39	4.8	3:10	-0.4	3:23	-0.3	6:25	7:49	
21	Tue	10:12	4.5	10:31	4.5	3:58	-0.4	4:19	-0.2	6:26	7:47	
22	Wed	11:06	4.5	11:23	4.2	4:49	-0.3	5:20	0.0	6:26	7:46	
23	Thu			12:00	4.5	5:40	-0.1	6:21	0.3	6:27	7:45	
24	Fri	12:15	3.8	12:53	4.4	6:32	0.1	7:23	0.5	6:28	7:43	
25	Sat	1:08	3.5	1:51	4.2	7:25	0.4	8:30	0.7	6:29	7:42	
26	Sun	2:09	3.2	2:59	4.1	8:22	0.6	9:38	0.8	6:30	7:40	
27	Mon	3:24	3.1	4:05	4.0	9:24	0.7	10:38	0.9	6:31	7:39	
28	Tue	4:32	3.0	5:01	4.0	10:23	0.8	11:34	0.9	6:31	7:38	
29	Wed	5:28	3.1	5:52	4.0	11:18	0.9			6:32	7:36	
30	Thu	6:19	3.2	6:37	4.0	12:25	0.8	12:11	0.8	6:33	7:35	
31	Fri	7:03	3.4	7:18	4.0	1:09	0.7	12:59	0.8	6:34	7:33	