US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jul 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:36	2.9	9:46	4.0	3:36	0.1	3:21	0.2	5:48	8:27	
2	Wed	10:19	3.0	10:29	3.9	4:16	0.1	4:06	0.3	5:48	8:27	
3	Thu	11:05	3.1	11:13	3.8	5:00	0.0	4:58	0.3	5:49	8:26	
4	Fri	11:51	3.3	11:59	3.7	5:45	0.0	5:53	0.4	5:49	8:26	
5	Sat			12:40	3.4	6:30	0.0	6:50	0.4	5:50	8:26	
6	Sun	12:47	3.5	1:33	3.6	7:18	-0.1	7:51	0.4	5:50	8:26	
7	Mon	1:40	3.3	2:33	3.8	8:09	-0.1	8:58	0.3	5:51	8:26	
8	Tue	2:43	3.1	3:37	4.0	9:04	-0.1	10:04	0.2	5:51	8:25	
9	Wed	3:51	3.0	4:37	4.2	10:00	-0.1	11:07	0.1	5:52	8:25	
10	Thu	4:55	3.0	5:36	4.4	10:58	-0.2			5:53	8:25	
11	Fri	5:59	3.1	6:35	4.5	12:11	0.0	11:58 AM	-0.2	5:53	8:24	
12	Sat	7:01	3.2	7:31	4.6	1:13	-0.2	12:59	-0.2	5:54	8:24	
13	Sun	7:59	3.3	8:23	4.6	2:06	-0.3	1:55	-0.3	5:55	8:24	
14	Mon	8:51	3.4	9:13	4.5	2:54	-0.3	2:47	-0.2	5:55	8:23	
15	Tue	9:42	3.4	10:01	4.3	3:41	-0.3	3:37	-0.1	5:56	8:23	
16	Wed	10:33	3.5	10:48	4.0	4:28	-0.2	4:30	0.1	5:57	8:22	
17	Thu	11:23	3.4	11:33	3.7	5:15	0.0	5:25	0.3	5:57	8:22	
18	Fri			12:09	3.4	5:59	0.1	6:19	0.5	5:58	8:21	
19	Sat	12:15	3.4	12:54	3.4	6:40	0.2	7:12	0.7	5:59	8:21	
20	Sun	12:57	3.1	1:41	3.4	7:20	0.4	8:08	0.9	5:59	8:20	
21	Mon	1:42	2.9	2:34	3.4	8:01	0.5	9:07	0.9	6:00	8:19	
22	Tue	2:37	2.7	3:29	3.4	8:45	0.6	10:03	0.9	6:01	8:19	
23	Wed	3:39	2.6	4:19	3.5	9:32	0.7	10:54	0.8	6:02	8:18	
24	Thu	4:36	2.6	5:06	3.6	10:20	0.7	11:45	0.7	6:02	8:17	
25	Fri	5:28	2.6	5:52	3.7	11:08	0.6			6:03	8:17	
26	Sat	6:19	2.7	6:39	3.9	12:35	0.6	11:59 AM	0.6	6:04	8:16	
27	Sun	7:07	2.8	7:23	4.0	1:19	0.5	12:49	0.4	6:05	8:15	
28	Mon	7:50	3.0	8:04	4.1	1:58	0.3	1:36	0.3	6:06	8:14	
29	Tue	8:31	3.2	8:44	4.2	2:34	0.2	2:20	0.2	6:06	8:13	
30	Wed	9:13	3.3	9:25	4.2	3:11	0.1	3:04	0.2	6:07	8:12	
31	Thu	9:56	3.5	10:08	4.1	3:50	0.0	3:51	0.2	6:08	8:12	