



Virginia Beach (outer coast), VA - Aug 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:43	3.7	10:53	4.0	4:32	-0.1	4:43	0.2	6:09	8:11	☀
2	Sat	11:31	3.9	11:40	3.8	5:16	-0.1	5:39	0.3	6:10	8:10	☾
3	Sun			12:20	4.0	6:03	-0.1	6:37	0.4	6:10	8:09	☾
4	Mon	12:28	3.6	1:12	4.1	6:51	0.0	7:38	0.4	6:11	8:08	☾
5	Tue	1:21	3.3	2:11	4.1	7:43	0.1	8:44	0.5	6:12	8:07	☾
6	Wed	2:23	3.1	3:18	4.2	8:41	0.1	9:53	0.5	6:13	8:06	☾
7	Thu	3:36	3.0	4:24	4.3	9:43	0.2	10:58	0.4	6:14	8:05	☾
8	Fri	4:46	3.1	5:27	4.4	10:45	0.2			6:15	8:04	☾
9	Sat	5:52	3.2	6:27	4.4	12:02	0.3	11:49 AM	0.2	6:15	8:02	☾
10	Sun	6:54	3.3	7:22	4.5	1:03	0.2	12:52	0.1	6:16	8:01	☾
11	Mon	7:49	3.5	8:11	4.5	1:54	0.1	1:48	0.1	6:17	8:00	☾
12	Tue	8:37	3.7	8:56	4.4	2:37	0.0	2:36	0.1	6:18	7:59	☾
13	Wed	9:22	3.8	9:37	4.2	3:17	0.0	3:22	0.2	6:19	7:58	☾
14	Thu	10:06	3.8	10:18	4.0	3:56	0.1	4:07	0.4	6:19	7:57	☾
15	Fri	10:49	3.8	10:58	3.8	4:34	0.2	4:55	0.6	6:20	7:55	☾
16	Sat	11:30	3.8	11:37	3.5	5:12	0.3	5:43	0.7	6:21	7:54	☾
17	Sun			12:10	3.7	5:50	0.5	6:30	0.9	6:22	7:53	☾
18	Mon	12:16	3.3	12:49	3.7	6:28	0.6	7:18	1.0	6:23	7:52	☾
19	Tue	12:57	3.0	1:33	3.6	7:08	0.8	8:11	1.1	6:24	7:50	☾
20	Wed	1:45	2.8	2:25	3.6	7:53	0.9	9:10	1.2	6:24	7:49	☾
21	Thu	2:46	2.7	3:26	3.6	8:45	1.0	10:07	1.1	6:25	7:48	☾
22	Fri	3:53	2.7	4:23	3.7	9:40	1.0	11:00	1.0	6:26	7:47	☾
23	Sat	4:51	2.8	5:15	3.9	10:34	0.9	11:51	0.9	6:27	7:45	☾
24	Sun	5:43	3.0	6:05	4.0	11:28	0.8			6:28	7:44	☾
25	Mon	6:33	3.2	6:53	4.2	12:40	0.7	12:22	0.6	6:29	7:43	☾
26	Tue	7:20	3.5	7:37	4.4	1:23	0.5	1:14	0.4	6:29	7:41	☾
27	Wed	8:04	3.7	8:19	4.5	2:02	0.3	2:02	0.2	6:30	7:40	☾
28	Thu	8:47	4.0	9:02	4.5	2:40	0.1	2:48	0.1	6:31	7:38	☾
29	Fri	9:31	4.2	9:45	4.4	3:19	0.0	3:36	0.1	6:32	7:37	☾
30	Sat	10:18	4.4	10:32	4.2	4:01	-0.1	4:28	0.2	6:33	7:36	☾
31	Sun	11:08	4.5	11:21	3.9	4:46	0.0	5:25	0.3	6:33	7:34	☾