

































## Virginia Beach (outer coast), VA - Oct 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:34	4.7	6:07	0.4	7:14	0.6	6:59	6:48	
2	Thu	12:57	3.5	1:37	4.5	7:09	0.6	8:24	0.8	6:59	6:46	
3	Fri	2:07	3.3	2:53	4.3	8:18	0.8	9:35	0.8	7:00	6:45	
4	Sat	3:34	3.4	4:09	4.2	9:33	0.9	10:38	0.8	7:01	6:43	
5	Sun	4:45	3.5	5:10	4.2	10:42	0.8	11:34	0.7	7:02	6:42	
6	Mon	5:43	3.7	6:03	4.2	11:45	0.8			7:03	6:40	
7	Tue	6:34	3.9	6:51	4.1	12:24	0.7	12:42	0.7	7:04	6:39	
8	Wed	7:18	4.1	7:31	4.1	1:07	0.6	1:31	0.6	7:05	6:37	
9	Thu	7:56	4.3	8:08	4.0	1:42	0.5	2:11	0.6	7:05	6:36	
10	Fri	8:30	4.4	8:41	3.9	2:13	0.5	2:46	0.6	7:06	6:35	
11	Sat	9:02	4.4	9:15	3.8	2:41	0.5	3:19	0.7	7:07	6:33	
12	Sun	9:35	4.4	9:50	3.6	3:11	0.6	3:54	0.8	7:08	6:32	
13	Mon	10:10	4.3	10:28	3.5	3:43	0.7	4:32	0.9	7:09	6:30	
14	Tue	10:47	4.2	11:09	3.3	4:19	0.9	5:14	1.0	7:10	6:29	
15	Wed	11:26	4.0	11:50	3.1	4:59	1.0	5:59	1.1	7:11	6:28	
16	Thu			12:08	3.9	5:44	1.2	6:48	1.2	7:12	6:26	
17	Fri	12:34	3.0	12:54	3.8	6:33	1.3	7:40	1.2	7:13	6:25	
18	Sat	1:25	3.0	1:48	3.8	7:28	1.3	8:39	1.2	7:14	6:24	
19	Sun	2:29	3.0	2:53	3.8	8:30	1.3	9:35	1.1	7:14	6:22	
20	Mon	3:38	3.2	3:56	3.9	9:34	1.1	10:26	0.8	7:15	6:21	
21	Tue	4:36	3.5	4:51	4.0	10:34	0.9	11:14	0.6	7:16	6:20	
22	Wed	5:28	3.9	5:43	4.2	11:32	0.6			7:17	6:19	
23	Thu	6:18	4.3	6:35	4.2	12:02	0.3	12:30	0.3	7:18	6:17	
24	Fri	7:07	4.7	7:25	4.3	12:49	0.1	1:24	0.1	7:19	6:16	
25	Sat	7:55	5.0	8:14	4.3	1:35	-0.1	2:16	-0.1	7:20	6:15	
26	Sun	7:43	5.2	8:03	4.2	1:20	-0.2	2:06	-0.2	6:21	5:14	
27	Mon	8:32	5.3	8:54	4.0	2:06	-0.2	2:58	-0.1	6:22	5:12	
28	Tue	9:25	5.2	9:49	3.8	2:55	-0.1	3:56	0.1	6:23	5:11	
29	Wed	10:21	4.9	10:47	3.6	3:50	0.1	4:57	0.3	6:24	5:10	
30	Thu	11:19	4.6	11:48	3.4	4:51	0.4	6:00	0.5	6:25	5:09	
31	Fri			12:21	4.3	5:56	0.6	7:08	0.6	6:26	5:08	