

































Virginia Beach (outer coast), VA - May 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:20	3.3	5:52	3.7	11:31	0.1			6:08	7:52	
2	Sun	6:11	3.4	6:40	4.1	12:07	0.1	12:19	-0.1	6:07	7:53	
3	Mon	7:02	3.5	7:28	4.5	1:02	-0.2	1:06	-0.3	6:06	7:54	
4	Tue	7:51	3.6	8:15	4.7	1:53	-0.4	1:53	-0.4	6:05	7:55	
5	Wed	8:40	3.6	9:03	4.8	2:42	-0.6	2:39	-0.5	6:04	7:56	
6	Thu	9:30	3.5	9:54	4.7	3:32	-0.6	3:27	-0.4	6:03	7:57	
7	Fri	10:23	3.4	10:49	4.5	4:25	-0.5	4:20	-0.3	6:02	7:58	
8	Sat	11:20	3.3	11:46	4.3	5:23	-0.3	5:20	-0.1	6:01	7:58	
9	Sun			12:18	3.2	6:23	-0.1	6:25	0.1	6:00	7:59	
10	Mon	12:45	4.0	1:21	3.1	7:25	0.1	7:34	0.3	5:59	8:00	
11	Tue	1:50	3.7	2:37	3.1	8:30	0.2	8:50	0.4	5:58	8:01	
12	Wed	3:05	3.5	3:53	3.3	9:32	0.2	10:03	0.4	5:58	8:02	
13	Thu	4:14	3.3	4:52	3.5	10:26	0.2	11:07	0.3	5:57	8:03	
14	Fri	5:10	3.2	5:43	3.7	11:14	0.2			5:56	8:04	
15	Sat	6:01	3.1	6:28	3.8	12:06	0.3	11:59 AM	0.2	5:55	8:04	
16	Sun	6:47	3.1	7:09	3.9	12:58	0.2	12:41	0.2	5:54	8:05	
17	Mon	7:29	3.0	7:45	4.0	1:42	0.1	1:19	0.2	5:54	8:06	
18	Tue	8:07	3.0	8:19	4.0	2:18	0.1	1:53	0.2	5:53	8:07	
19	Wed	8:42	3.0	8:52	3.9	2:51	0.1	2:27	0.2	5:52	8:08	
20	Thu	9:18	3.0	9:26	3.9	3:22	0.1	3:01	0.3	5:51	8:08	
21	Fri	9:56	2.9	10:03	3.7	3:56	0.2	3:37	0.4	5:51	8:09	
22	Sat	10:36	2.8	10:43	3.6	4:34	0.3	4:17	0.6	5:50	8:10	
23	Sun	11:17	2.8	11:24	3.5	5:16	0.4	5:02	0.7	5:50	8:11	
24	Mon	11:59	2.7			6:00	0.4	5:50	0.7	5:49	8:12	
25	Tue	12:06	3.4	12:43	2.7	6:44	0.5	6:42	0.8	5:48	8:12	
26	Wed	12:50	3.3	1:32	2.8	7:30	0.5	7:37	0.8	5:48	8:13	
27	Thu	1:40	3.2	2:29	3.0	8:19	0.4	8:39	0.7	5:47	8:14	
28	Fri	2:38	3.1	3:30	3.3	9:09	0.3	9:42	0.5	5:47	8:15	
29	Sat	3:40	3.1	4:25	3.6	9:58	0.1	10:41	0.3	5:47	8:15	
30	Sun	4:38	3.1	5:16	4.0	10:48	0.0	11:40	0.0	5:46	8:16	
31	Mon	5:34	3.2	6:09	4.3	11:39	-0.2			5:46	8:17	