
































Virginia Beach (outer coast), VA - Jun 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:31	3.2	7:02	4.6	12:39	-0.2	12:33	-0.3	5:45	8:17	
2	Wed	7:27	3.3	7:55	4.8	1:35	-0.4	1:26	-0.5	5:45	8:18	
3	Thu	8:21	3.4	8:47	4.8	2:27	-0.6	2:19	-0.5	5:45	8:18	
4	Fri	9:15	3.4	9:40	4.7	3:19	-0.6	3:11	-0.5	5:45	8:19	
5	Sat	10:11	3.4	10:37	4.5	4:13	-0.5	4:07	-0.3	5:44	8:20	
6	Sun	11:11	3.4	11:34	4.3	5:10	-0.4	5:10	-0.1	5:44	8:20	
7	Mon			12:09	3.3	6:09	-0.2	6:15	0.1	5:44	8:21	
8	Tue	12:30	3.9	1:10	3.3	7:05	-0.1	7:23	0.2	5:44	8:21	
9	Wed	1:27	3.6	2:16	3.3	8:01	0.0	8:34	0.4	5:44	8:22	
10	Thu	2:32	3.3	3:25	3.4	8:56	0.1	9:44	0.4	5:44	8:22	
11	Fri	3:38	3.0	4:23	3.6	9:47	0.2	10:45	0.5	5:44	8:23	
12	Sat	4:35	2.9	5:12	3.7	10:32	0.2	11:42	0.4	5:44	8:23	
13	Sun	5:26	2.8	5:56	3.8	11:15	0.3			5:44	8:24	
14	Mon	6:14	2.7	6:37	3.8	12:35	0.4	11:58 AM	0.3	5:44	8:24	
15	Tue	7:00	2.7	7:16	3.8	1:20	0.3	12:41	0.3	5:44	8:24	
16	Wed	7:42	2.8	7:53	3.9	1:58	0.2	1:22	0.3	5:44	8:25	
17	Thu	8:20	2.8	8:28	3.9	2:31	0.2	2:00	0.3	5:44	8:25	
18	Fri	8:57	2.8	9:04	3.8	3:02	0.2	2:37	0.4	5:44	8:25	
19	Sat	9:34	2.8	9:41	3.8	3:35	0.2	3:14	0.4	5:44	8:26	
20	Sun	10:14	2.8	10:19	3.7	4:11	0.2	3:53	0.5	5:44	8:26	
21	Mon	10:55	2.8	10:59	3.6	4:51	0.2	4:38	0.6	5:45	8:26	
22	Tue	11:36	2.9	11:39	3.5	5:31	0.3	5:26	0.6	5:45	8:26	
23	Wed			12:18	3.0	6:12	0.3	6:17	0.6	5:45	8:26	
24	Thu	12:20	3.4	1:02	3.1	6:54	0.2	7:11	0.6	5:45	8:26	
25	Fri	1:05	3.2	1:53	3.3	7:38	0.2	8:10	0.6	5:46	8:27	
26	Sat	1:58	3.1	2:51	3.6	8:26	0.1	9:14	0.5	5:46	8:27	
27	Sun	2:59	3.0	3:50	3.9	9:19	0.0	10:16	0.3	5:46	8:27	
28	Mon	4:03	3.0	4:47	4.2	10:12	-0.1	11:17	0.1	5:47	8:27	
29	Tue	5:05	3.0	5:44	4.4	11:08	-0.2			5:47	8:27	
30	Wed	6:07	3.1	6:42	4.6	12:19	-0.1	12:07	-0.3	5:48	8:27	