



## Virginia Beach (outer coast), VA - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:49	3.7	9:13	4.6	2:49	-0.3	2:50	-0.3	6:09	8:10	☉
2	Mon	9:42	3.9	10:02	4.4	3:36	-0.3	3:44	-0.2	6:10	8:09	☉
3	Tue	10:34	3.9	10:51	4.2	4:23	-0.3	4:40	0.0	6:11	8:08	☉
4	Wed	11:26	4.0	11:38	3.8	5:11	-0.1	5:38	0.3	6:12	8:07	☾
5	Thu			12:14	3.9	5:56	0.0	6:35	0.5	6:13	8:06	☾
6	Fri	12:23	3.5	1:01	3.8	6:40	0.2	7:33	0.7	6:13	8:05	☾
7	Sat	1:09	3.1	1:52	3.7	7:24	0.4	8:34	0.9	6:14	8:04	☾
8	Sun	2:00	2.9	2:50	3.6	8:10	0.6	9:36	1.0	6:15	8:03	☾
9	Mon	3:06	2.7	3:50	3.6	9:01	0.8	10:32	1.0	6:16	8:02	☾
10	Tue	4:11	2.7	4:43	3.6	9:53	0.9	11:25	0.9	6:17	8:00	☾
11	Wed	5:07	2.7	5:32	3.7	10:44	0.9			6:18	7:59	☾
12	Thu	5:59	2.8	6:19	3.8	12:16	0.9	11:35 AM	0.8	6:18	7:58	☾
13	Fri	6:47	2.9	7:02	3.9	1:01	0.7	12:26	0.7	6:19	7:57	☾
14	Sat	7:30	3.1	7:42	4.0	1:38	0.6	1:13	0.6	6:20	7:56	☾
15	Sun	8:08	3.3	8:18	4.1	2:10	0.5	1:55	0.5	6:21	7:55	☾
16	Mon	8:44	3.5	8:52	4.1	2:41	0.3	2:34	0.5	6:22	7:53	☾
17	Tue	9:20	3.6	9:28	4.0	3:12	0.3	3:14	0.4	6:23	7:52	☾
18	Wed	9:59	3.8	10:06	3.9	3:45	0.2	3:57	0.5	6:23	7:51	☾
19	Thu	10:39	3.9	10:47	3.8	4:22	0.2	4:44	0.5	6:24	7:49	☾
20	Fri	11:22	4.1	11:30	3.6	5:02	0.2	5:36	0.6	6:25	7:48	☾
21	Sat			12:08	4.2	5:46	0.3	6:30	0.6	6:26	7:47	☾
22	Sun	12:16	3.4	12:57	4.2	6:33	0.3	7:28	0.7	6:27	7:46	☾
23	Mon	1:08	3.3	1:54	4.2	7:26	0.4	8:33	0.7	6:27	7:44	☾
24	Tue	2:10	3.1	3:02	4.3	8:27	0.5	9:42	0.7	6:28	7:43	☾
25	Wed	3:25	3.1	4:13	4.4	9:33	0.4	10:48	0.6	6:29	7:41	☾
26	Thu	4:38	3.2	5:19	4.5	10:40	0.4	11:52	0.4	6:30	7:40	☾
27	Fri	5:45	3.4	6:20	4.6	11:46	0.3			6:31	7:39	☉
28	Sat	6:48	3.7	7:17	4.7	12:52	0.3	12:51	0.1	6:32	7:37	☉
29	Sun	7:44	4.0	8:08	4.7	1:43	0.1	1:49	0.0	6:32	7:36	☉
30	Mon	8:34	4.2	8:54	4.6	2:28	0.0	2:40	0.0	6:33	7:34	☉
31	Tue	9:20	4.3	9:38	4.4	3:09	-0.1	3:29	0.1	6:34	7:33	☉