

































Virginia Beach (outer coast), VA - Oct 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:15	4.5	10:32	3.7	3:49	0.4	4:39	0.7	6:59	6:47	
2	Sat	10:55	4.4	11:14	3.5	4:27	0.7	5:25	0.9	7:00	6:45	
3	Sun	11:36	4.2	11:57	3.3	5:08	0.9	6:12	1.1	7:01	6:44	
4	Mon			12:18	4.0	5:53	1.1	7:00	1.2	7:02	6:42	
5	Tue	12:42	3.1	1:04	3.8	6:41	1.3	7:55	1.3	7:03	6:41	
6	Wed	1:34	3.0	1:59	3.7	7:34	1.4	8:57	1.3	7:03	6:39	
7	Thu	2:43	2.9	3:07	3.6	8:34	1.4	9:53	1.3	7:04	6:38	
8	Fri	3:55	3.0	4:09	3.7	9:36	1.4	10:40	1.2	7:05	6:36	
9	Sat	4:49	3.2	4:59	3.8	10:32	1.2	11:22	1.0	7:06	6:35	
10	Sun	5:34	3.5	5:44	3.9	11:25	1.0			7:07	6:34	
11	Mon	6:17	3.8	6:28	4.0	12:03	0.8	12:16	0.8	7:08	6:32	
12	Tue	6:58	4.2	7:10	4.1	12:43	0.6	1:06	0.6	7:09	6:31	
13	Wed	7:39	4.5	7:52	4.1	1:21	0.3	1:51	0.4	7:10	6:29	
14	Thu	8:19	4.7	8:33	4.1	1:59	0.2	2:35	0.3	7:11	6:28	
15	Fri	9:01	4.9	9:17	4.0	2:38	0.1	3:21	0.2	7:11	6:27	
16	Sat	9:46	5.0	10:04	3.8	3:19	0.1	4:10	0.3	7:12	6:25	
17	Sun	10:35	4.9	10:56	3.7	4:05	0.2	5:04	0.4	7:13	6:24	
18	Mon	11:28	4.8	11:51	3.5	4:58	0.4	6:03	0.5	7:14	6:23	
19	Tue			12:25	4.6	5:57	0.5	7:06	0.7	7:15	6:21	
20	Wed	12:50	3.4	1:27	4.4	7:01	0.7	8:13	0.7	7:16	6:20	
21	Thu	2:01	3.3	2:41	4.2	8:13	0.8	9:23	0.7	7:17	6:19	
22	Fri	3:27	3.4	3:57	4.1	9:29	0.8	10:23	0.6	7:18	6:18	
23	Sat	4:38	3.7	4:59	4.1	10:39	0.7	11:17	0.5	7:19	6:16	
24	Sun	5:35	4.0	5:53	4.1	11:44	0.6			7:20	6:15	
25	Mon	6:26	4.2	6:43	4.0	12:06	0.4	12:43	0.5	7:21	6:14	
26	Tue	7:12	4.4	7:27	3.9	12:51	0.3	1:34	0.4	7:22	6:13	
27	Wed	7:53	4.6	8:08	3.8	1:31	0.2	2:17	0.4	7:23	6:12	
28	Thu	8:30	4.6	8:45	3.7	2:06	0.3	2:55	0.4	7:24	6:10	
29	Fri	9:06	4.6	9:23	3.6	2:40	0.3	3:32	0.5	7:25	6:09	
30	Sat	9:42	4.4	10:02	3.4	3:14	0.5	4:10	0.6	7:26	6:08	
31	Sun	9:19	4.2	9:44	3.2	2:50	0.7	3:51	0.8	6:27	5:07	