

























Virginia Beach (outer coast), VA - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:59	3.1	11:37	2.8	4:51	0.4	5:30	0.1	7:16	4:58	
2	Sun	11:40	3.0			5:43	0.5	6:12	0.1	7:16	4:59	
3	Mon	12:24	2.9	12:27	2.8	6:39	0.5	6:58	0.0	7:17	5:00	
4	Tue	1:19	3.1	1:25	2.6	7:42	0.4	7:50	0.0	7:17	5:00	
5	Wed	2:21	3.3	2:30	2.6	8:46	0.3	8:45	-0.2	7:17	5:01	
6	Thu	3:21	3.6	3:34	2.6	9:48	0.1	9:41	-0.3	7:17	5:02	
7	Fri	4:19	3.9	4:36	2.7	10:50	-0.1	10:40	-0.5	7:17	5:03	
8	Sat	5:17	4.2	5:38	2.8	11:52	-0.4	11:40	-0.7	7:17	5:04	
9	Sun	6:15	4.4	6:37	3.0			12:48	-0.6	7:16	5:05	
10	Mon	7:10	4.5	7:32	3.2	12:38	-0.8	1:39	-0.7	7:16	5:06	
11	Tue	8:02	4.5	8:25	3.3	1:33	-0.9	2:28	-0.8	7:16	5:07	
12	Wed	8:54	4.4	9:21	3.4	2:26	-0.9	3:19	-0.8	7:16	5:08	
13	Thu	9:46	4.1	10:17	3.4	3:23	-0.7	4:11	-0.7	7:16	5:09	
14	Fri	10:38	3.8	11:12	3.4	4:24	-0.5	5:03	-0.6	7:15	5:10	
15	Sat	11:27	3.4			5:26	-0.2	5:52	-0.5	7:15	5:11	
16	Sun	12:06	3.3	12:18	3.0	6:29	0.0	6:42	-0.3	7:15	5:12	
17	Mon	1:07	3.3	1:16	2.6	7:38	0.2	7:34	-0.1	7:14	5:13	
18	Tue	2:14	3.2	2:24	2.4	8:46	0.3	8:28	0.0	7:14	5:14	
19	Wed	3:16	3.2	3:28	2.3	9:48	0.3	9:20	0.1	7:14	5:15	
20	Thu	4:09	3.2	4:23	2.3	10:45	0.3	10:10	0.1	7:13	5:16	
21	Fri	4:59	3.3	5:15	2.3	11:39	0.3	11:01	0.1	7:13	5:17	
22	Sat	5:45	3.3	6:02	2.4			12:24	0.2	7:12	5:18	
23	Sun	6:26	3.4	6:43	2.5			1:00	0.1	7:12	5:19	
24	Mon	7:03	3.4	7:20	2.6	12:31	0.0	1:31	0.0	7:11	5:20	
25	Tue	7:36	3.5	7:55	2.7	1:08	-0.1	2:00	-0.1	7:10	5:21	
26	Wed	8:09	3.5	8:30	2.7	1:43	-0.1	2:30	-0.1	7:10	5:22	
27	Thu	8:42	3.4	9:07	2.8	2:19	-0.1	3:01	-0.2	7:09	5:23	
28	Fri	9:16	3.3	9:44	2.9	2:57	0.0	3:35	-0.2	7:08	5:25	
29	Sat	9:52	3.2	10:23	3.0	3:40	0.0	4:12	-0.2	7:08	5:26	
30	Sun	10:30	3.0	11:04	3.1	4:27	0.1	4:50	-0.1	7:07	5:27	
31	Mon	11:10	2.8	11:49	3.2	5:17	0.2	5:31	-0.1	7:06	5:28	