

































Virginia Beach (outer coast), VA - Jul 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:29	2.8	5:06	3.9	10:21	0.1	11:44	0.4	5:48	8:27	
2	Sat	5:25	2.7	5:56	3.9	11:11	0.2			5:48	8:26	
3	Sun	6:19	2.7	6:43	3.9	12:40	0.3	12:02	0.3	5:49	8:26	
4	Mon	7:09	2.8	7:27	3.9	1:29	0.3	12:52	0.3	5:49	8:26	
5	Tue	7:53	2.8	8:06	3.9	2:09	0.2	1:37	0.3	5:50	8:26	
6	Wed	8:33	2.9	8:43	3.8	2:43	0.2	2:16	0.3	5:51	8:26	
7	Thu	9:11	2.9	9:18	3.8	3:15	0.2	2:53	0.4	5:51	8:26	
8	Fri	9:49	3.0	9:54	3.7	3:48	0.2	3:30	0.5	5:52	8:25	
9	Sat	10:29	3.0	10:31	3.6	4:23	0.2	4:11	0.5	5:52	8:25	
10	Sun	11:09	3.0	11:09	3.5	4:59	0.3	4:55	0.6	5:53	8:25	
11	Mon	11:48	3.1	11:46	3.3	5:36	0.3	5:43	0.7	5:54	8:24	
12	Tue			12:26	3.2	6:12	0.3	6:31	0.8	5:54	8:24	
13	Wed	12:24	3.2	1:07	3.3	6:50	0.3	7:22	0.8	5:55	8:23	
14	Thu	1:07	3.0	1:55	3.4	7:31	0.3	8:19	0.8	5:56	8:23	
15	Fri	1:57	2.8	2:50	3.6	8:18	0.3	9:20	0.7	5:56	8:23	
16	Sat	2:58	2.7	3:48	3.8	9:11	0.3	10:19	0.5	5:57	8:22	
17	Sun	4:03	2.7	4:46	4.1	10:07	0.2	11:19	0.3	5:58	8:22	
18	Mon	5:04	2.8	5:43	4.3	11:05	0.1			5:58	8:21	
19	Tue	6:06	3.0	6:42	4.5	12:21	0.1	12:06	-0.1	5:59	8:20	
20	Wed	7:08	3.2	7:39	4.7	1:19	-0.1	1:08	-0.2	6:00	8:20	
21	Thu	8:06	3.4	8:33	4.8	2:12	-0.3	2:05	-0.4	6:01	8:19	
22	Fri	9:01	3.7	9:25	4.7	3:01	-0.4	3:00	-0.4	6:01	8:18	
23	Sat	9:56	3.8	10:18	4.5	3:50	-0.5	3:57	-0.3	6:02	8:18	
24	Sun	10:52	4.0	11:10	4.2	4:41	-0.5	4:58	-0.2	6:03	8:17	
25	Mon	11:47	4.0			5:32	-0.4	6:01	0.0	6:04	8:16	
26	Tue	12:01	3.9	12:40	4.0	6:22	-0.2	7:04	0.3	6:04	8:15	
27	Wed	12:52	3.5	1:36	4.0	7:11	-0.1	8:10	0.4	6:05	8:15	
28	Thu	1:47	3.1	2:39	3.9	8:02	0.2	9:19	0.6	6:06	8:14	
29	Fri	2:54	2.9	3:43	3.9	8:57	0.3	10:22	0.6	6:07	8:13	
30	Sat	4:03	2.7	4:41	3.8	9:52	0.5	11:21	0.7	6:08	8:12	
31	Sun	5:03	2.7	5:33	3.8	10:45	0.6			6:08	8:11	