

































## Virginia Beach (outer coast), VA - Aug 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:58	2.8	6:23	3.8	12:17	0.7	11:39 AM	0.6	6:09	8:10	
2	Tue	6:48	2.9	7:07	3.8	1:07	0.6	12:32	0.6	6:10	8:09	
3	Wed	7:33	3.0	7:47	3.9	1:47	0.5	1:18	0.6	6:11	8:08	
4	Thu	8:12	3.1	8:22	3.9	2:20	0.4	1:58	0.5	6:12	8:07	
5	Fri	8:48	3.2	8:55	3.9	2:49	0.4	2:34	0.5	6:12	8:06	
6	Sat	9:23	3.3	9:27	3.9	3:17	0.3	3:09	0.5	6:13	8:05	
7	Sun	9:59	3.4	10:01	3.7	3:47	0.3	3:47	0.6	6:14	8:04	
8	Mon	10:35	3.5	10:37	3.6	4:19	0.3	4:29	0.7	6:15	8:03	
9	Tue	11:12	3.6	11:14	3.4	4:53	0.4	5:14	0.8	6:16	8:02	
10	Wed	11:50	3.7	11:53	3.3	5:30	0.4	6:02	0.8	6:17	8:01	
11	Thu			12:30	3.8	6:09	0.5	6:52	0.8	6:17	8:00	
12	Fri	12:35	3.1	1:16	3.9	6:52	0.5	7:48	0.9	6:18	7:58	
13	Sat	1:24	3.0	2:12	3.9	7:41	0.5	8:50	0.8	6:19	7:57	
14	Sun	2:25	2.9	3:17	4.1	8:40	0.5	9:54	0.7	6:20	7:56	
15	Mon	3:36	2.9	4:23	4.2	9:44	0.4	10:57	0.6	6:21	7:55	
16	Tue	4:45	3.1	5:26	4.4	10:47	0.3			6:22	7:54	
17	Wed	5:50	3.3	6:27	4.6	12:00	0.4	11:52 AM	0.1	6:22	7:52	
18	Thu	6:54	3.6	7:24	4.8	1:00	0.1	12:57	-0.1	6:23	7:51	
19	Fri	7:51	3.9	8:17	4.8	1:52	-0.1	1:56	-0.2	6:24	7:50	
20	Sat	8:44	4.2	9:07	4.8	2:39	-0.3	2:50	-0.3	6:25	7:49	
21	Sun	9:36	4.4	9:56	4.5	3:24	-0.4	3:44	-0.2	6:26	7:47	
22	Mon	10:28	4.5	10:46	4.2	4:10	-0.3	4:42	0.0	6:26	7:46	
23	Tue	11:20	4.5	11:36	3.9	4:58	-0.1	5:41	0.2	6:27	7:45	
24	Wed			12:10	4.4	5:46	0.1	6:41	0.5	6:28	7:43	
25	Thu	12:25	3.5	1:01	4.2	6:35	0.3	7:43	0.7	6:29	7:42	
26	Fri	1:16	3.2	1:58	4.0	7:26	0.6	8:49	0.9	6:30	7:40	
27	Sat	2:18	3.0	3:06	3.9	8:22	0.8	9:55	1.0	6:31	7:39	
28	Sun	3:35	2.9	4:12	3.8	9:24	0.9	10:53	1.0	6:31	7:38	
29	Mon	4:40	2.9	5:08	3.8	10:22	1.0	11:46	1.0	6:32	7:36	
30	Tue	5:34	3.0	5:57	3.8	11:17	1.0			6:33	7:35	
31	Wed	6:23	3.2	6:41	3.9	12:35	0.9	12:09	0.9	6:34	7:33	