



Virginia Beach (outer coast), VA - Jan 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:14	4.4	8:36	3.2	1:44	-0.7	2:40	-0.6	7:16	4:58	☀
2	Mon	9:04	4.3	9:31	3.3	2:36	-0.7	3:31	-0.6	7:16	4:59	☀
3	Tue	9:56	4.1	10:27	3.4	3:32	-0.5	4:23	-0.6	7:16	4:59	☀
4	Wed	10:48	3.8	11:23	3.4	4:34	-0.4	5:15	-0.6	7:17	5:00	☀
5	Thu	11:39	3.5			5:37	-0.2	6:07	-0.5	7:17	5:01	☀
6	Fri	12:22	3.4	12:35	3.1	6:44	0.0	7:00	-0.4	7:17	5:02	☀
7	Sat	1:27	3.5	1:40	2.8	7:56	0.1	7:56	-0.3	7:17	5:03	☀
8	Sun	2:37	3.5	2:51	2.6	9:07	0.2	8:53	-0.2	7:17	5:04	☀
9	Mon	3:39	3.6	3:54	2.5	10:11	0.2	9:48	-0.1	7:16	5:05	☀
10	Tue	4:35	3.6	4:52	2.5	11:13	0.1	10:43	-0.1	7:16	5:06	☀
11	Wed	5:28	3.6	5:47	2.5			12:08	0.0	7:16	5:07	☀
12	Thu	6:16	3.6	6:34	2.6			12:53	0.0	7:16	5:08	☀
13	Fri	6:58	3.6	7:15	2.7	12:26	-0.1	1:30	-0.1	7:16	5:09	☀
14	Sat	7:35	3.6	7:53	2.7	1:07	-0.2	2:04	-0.1	7:15	5:10	☀
15	Sun	8:10	3.5	8:31	2.8	1:43	-0.1	2:35	-0.1	7:15	5:11	☀
16	Mon	8:44	3.5	9:09	2.8	2:19	-0.1	3:07	-0.1	7:15	5:12	☀
17	Tue	9:18	3.3	9:48	2.8	2:56	0.0	3:41	-0.1	7:14	5:13	☀
18	Wed	9:54	3.2	10:26	2.8	3:37	0.2	4:16	0.0	7:14	5:14	☀
19	Thu	10:29	3.0	11:04	2.8	4:22	0.3	4:52	0.0	7:14	5:15	☀
20	Fri	11:06	2.8	11:44	2.9	5:08	0.4	5:29	0.1	7:13	5:16	☀
21	Sat	11:45	2.6			5:57	0.5	6:08	0.1	7:13	5:17	☀
22	Sun	12:28	2.9	12:31	2.4	6:51	0.5	6:54	0.1	7:12	5:18	☀
23	Mon	1:22	3.0	1:29	2.3	7:52	0.5	7:47	0.1	7:12	5:19	☀
24	Tue	2:25	3.2	2:36	2.2	8:55	0.4	8:45	0.0	7:11	5:20	☀
25	Wed	3:26	3.4	3:40	2.3	9:55	0.2	9:44	-0.2	7:10	5:21	☀
26	Thu	4:25	3.6	4:41	2.5	10:56	0.0	10:44	-0.4	7:10	5:22	☀
27	Fri	5:23	3.9	5:41	2.7	11:55	-0.3	11:44	-0.6	7:09	5:23	☀
28	Sat	6:18	4.1	6:38	3.0			12:47	-0.5	7:08	5:24	☀
29	Sun	7:10	4.3	7:30	3.3	12:41	-0.8	1:34	-0.8	7:08	5:25	☀
30	Mon	7:59	4.3	8:22	3.5	1:34	-1.0	2:20	-0.9	7:07	5:26	☀
31	Tue	8:48	4.2	9:14	3.6	2:26	-1.0	3:07	-0.9	7:06	5:28	☀