



## Virginia Beach (outer coast), VA - Mar 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:28	4.1	8:53	4.2	2:15	-1.0	2:39	-0.9	6:34	5:58	☀
2	Thu	9:17	3.9	9:44	4.2	3:09	-0.8	3:24	-0.8	6:33	5:58	☀
3	Fri	10:06	3.5	10:35	4.0	4:05	-0.6	4:13	-0.6	6:31	5:59	☀
4	Sat	10:55	3.2	11:26	3.8	5:03	-0.3	5:03	-0.3	6:30	6:00	☀
5	Sun	11:45	2.9			6:02	0.0	5:56	-0.1	6:28	6:01	☀
6	Mon	12:21	3.5	12:43	2.6	7:07	0.3	6:55	0.2	6:27	6:02	☀
7	Tue	1:30	3.3	1:59	2.4	8:19	0.5	8:03	0.4	6:26	6:03	☀
8	Wed	2:50	3.1	3:18	2.4	9:26	0.5	9:12	0.4	6:24	6:04	☀
9	Thu	3:57	3.1	4:19	2.5	10:26	0.5	10:14	0.4	6:23	6:05	☀
10	Fri	4:51	3.1	5:10	2.7	11:19	0.5	11:10	0.3	6:21	6:06	☀
11	Sat	5:38	3.2	5:55	2.8			12:03	0.3	6:20	6:07	☀
12	Sun	6:17	3.3	6:33	3.0			12:37	0.2	6:18	6:08	☀
13	Mon	6:50	3.3	7:07	3.2	12:36	0.1	1:04	0.1	6:17	6:09	☀
14	Tue	7:21	3.4	7:38	3.4	1:09	0.0	1:29	0.0	6:15	6:10	☀
15	Wed	7:51	3.3	8:09	3.5	1:41	0.0	1:55	0.0	6:14	6:11	☀
16	Thu	8:21	3.2	8:41	3.5	2:14	0.0	2:23	0.0	6:13	6:11	☀
17	Fri	8:54	3.1	9:15	3.6	2:50	0.0	2:54	0.0	6:11	6:12	☀
18	Sat	9:29	3.0	9:52	3.6	3:29	0.1	3:29	0.1	6:10	6:13	☀
19	Sun	10:08	2.9	10:33	3.6	4:12	0.2	4:09	0.2	6:08	6:14	☀
20	Mon	10:49	2.7	11:18	3.5	4:59	0.3	4:54	0.3	6:07	6:15	☀
21	Tue	11:35	2.6			5:50	0.4	5:46	0.3	6:05	6:16	☀
22	Wed	12:10	3.5	12:30	2.6	6:49	0.5	6:47	0.3	6:04	6:17	☀
23	Thu	1:14	3.4	1:41	2.6	7:56	0.5	7:58	0.3	6:02	6:18	☀
24	Fri	2:30	3.5	2:58	2.8	9:02	0.3	9:08	0.1	6:01	6:19	☀
25	Sat	3:39	3.7	4:06	3.1	10:03	0.1	10:15	-0.1	5:59	6:19	☀
26	Sun	4:41	3.8	5:07	3.5	11:01	-0.2	11:20	-0.4	5:58	6:20	☀
27	Mon	5:38	4.0	6:04	3.9	11:54	-0.4			5:56	6:21	☀
28	Tue	6:31	4.1	6:55	4.3	12:20	-0.6	12:42	-0.6	5:55	6:22	☀
29	Wed	7:20	4.0	7:43	4.5	1:13	-0.8	1:26	-0.7	5:53	6:23	☀
30	Thu	8:08	3.9	8:30	4.6	2:03	-0.8	2:10	-0.7	5:52	6:24	☀
31	Fri	8:55	3.7	9:18	4.4	2:54	-0.7	2:54	-0.5	5:50	6:25	☀