

































## Virginia Beach (outer coast), VA - Aug 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:33	3.0	1:14	3.5	6:50	0.6	7:38	1.0	6:09	8:10	
2	Wed	1:15	2.8	2:02	3.5	7:32	0.6	8:35	1.0	6:10	8:09	
3	Thu	2:07	2.7	2:59	3.6	8:21	0.7	9:34	0.9	6:11	8:08	
4	Fri	3:11	2.6	3:59	3.8	9:17	0.6	10:33	0.8	6:11	8:07	
5	Sat	4:16	2.7	4:56	4.0	10:15	0.6	11:30	0.6	6:12	8:06	
6	Sun	5:16	2.8	5:53	4.2	11:14	0.4			6:13	8:05	
7	Mon	6:16	3.1	6:49	4.4	12:28	0.4	12:14	0.2	6:14	8:04	
8	Tue	7:14	3.4	7:41	4.6	1:21	0.1	1:13	0.0	6:15	8:03	
9	Wed	8:07	3.7	8:30	4.7	2:08	-0.1	2:08	-0.2	6:16	8:02	
10	Thu	8:57	4.0	9:19	4.6	2:53	-0.3	3:01	-0.2	6:16	8:01	
11	Fri	9:49	4.2	10:08	4.5	3:38	-0.4	3:55	-0.2	6:17	8:00	
12	Sat	10:42	4.4	10:59	4.2	4:24	-0.4	4:54	0.0	6:18	7:59	
13	Sun	11:35	4.5	11:50	3.9	5:13	-0.3	5:55	0.1	6:19	7:58	
14	Mon			12:27	4.4	6:04	-0.1	6:57	0.3	6:20	7:56	
15	Tue	12:42	3.5	1:23	4.3	6:55	0.1	8:04	0.5	6:21	7:55	
16	Wed	1:39	3.2	2:28	4.2	7:51	0.3	9:15	0.7	6:21	7:54	
17	Thu	2:50	3.0	3:41	4.1	8:53	0.5	10:22	0.7	6:22	7:53	
18	Fri	4:07	2.9	4:46	4.0	9:57	0.6	11:24	0.8	6:23	7:51	
19	Sat	5:12	3.0	5:43	4.0	10:59	0.7			6:24	7:50	
20	Sun	6:09	3.1	6:35	4.0	12:22	0.7	11:59 AM	0.7	6:25	7:49	
21	Mon	7:00	3.2	7:20	4.0	1:11	0.6	12:54	0.6	6:25	7:48	
22	Tue	7:44	3.4	7:57	4.0	1:51	0.5	1:39	0.6	6:26	7:46	
23	Wed	8:21	3.6	8:30	4.0	2:23	0.5	2:16	0.6	6:27	7:45	
24	Thu	8:56	3.7	9:02	3.9	2:50	0.4	2:51	0.6	6:28	7:44	
25	Fri	9:30	3.8	9:34	3.8	3:17	0.4	3:25	0.7	6:29	7:42	
26	Sat	10:04	3.8	10:07	3.7	3:45	0.4	4:02	0.7	6:30	7:41	
27	Sun	10:39	3.8	10:43	3.5	4:16	0.5	4:43	0.8	6:30	7:39	
28	Mon	11:15	3.9	11:20	3.3	4:50	0.6	5:27	0.9	6:31	7:38	
29	Tue	11:52	3.9	11:59	3.1	5:27	0.7	6:13	1.0	6:32	7:37	
30	Wed			12:32	3.9	6:07	0.8	7:02	1.1	6:33	7:35	
31	Thu	12:41	3.0	1:19	3.9	6:52	0.9	7:57	1.1	6:34	7:34	