



Virginia Beach (outer coast), VA - Jul 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:57	2.9	9:13	4.1	3:00	0.0	2:45	0.2	5:48	8:27	☉
2	Mon	9:39	3.0	9:55	4.1	3:39	0.0	3:30	0.1	5:48	8:27	☉
3	Tue	10:26	3.2	10:39	4.0	4:21	-0.1	4:20	0.2	5:49	8:26	☉
4	Wed	11:14	3.4	11:25	3.8	5:06	-0.1	5:15	0.2	5:49	8:26	☾
5	Thu			12:02	3.5	5:52	-0.2	6:12	0.3	5:50	8:26	☾
6	Fri	12:12	3.6	12:53	3.7	6:38	-0.2	7:12	0.3	5:50	8:26	☾
7	Sat	1:02	3.4	1:48	3.8	7:26	-0.2	8:17	0.4	5:51	8:26	☾
8	Sun	1:59	3.1	2:51	4.0	8:19	-0.1	9:25	0.3	5:51	8:25	☾
9	Mon	3:06	3.0	3:56	4.1	9:16	-0.1	10:31	0.3	5:52	8:25	☾
10	Tue	4:15	2.9	4:57	4.2	10:15	-0.1	11:36	0.2	5:53	8:25	☾
11	Wed	5:20	2.9	5:57	4.3	11:15	-0.1			5:53	8:24	☾
12	Thu	6:24	3.0	6:56	4.4	12:40	0.1	12:17	-0.1	5:54	8:24	☾
13	Fri	7:24	3.1	7:50	4.4	1:37	-0.1	1:17	-0.1	5:55	8:24	☾
14	Sat	8:17	3.3	8:38	4.3	2:25	-0.1	2:11	-0.1	5:55	8:23	☾
15	Sun	9:06	3.4	9:23	4.2	3:09	-0.2	2:59	0.0	5:56	8:23	☾
16	Mon	9:54	3.4	10:06	4.0	3:52	-0.1	3:47	0.1	5:57	8:22	☾
17	Tue	10:41	3.4	10:48	3.8	4:34	0.0	4:36	0.3	5:57	8:22	☾
18	Wed	11:26	3.5	11:28	3.5	5:15	0.1	5:26	0.5	5:58	8:21	☾
19	Thu			12:08	3.4	5:53	0.2	6:16	0.7	5:59	8:21	☾
20	Fri	12:06	3.2	12:49	3.4	6:30	0.3	7:04	0.8	5:59	8:20	☾
21	Sat	12:45	3.0	1:32	3.4	7:07	0.5	7:56	0.9	6:00	8:19	☾
22	Sun	1:28	2.7	2:21	3.4	7:47	0.6	8:53	1.0	6:01	8:19	☾
23	Mon	2:21	2.6	3:16	3.4	8:33	0.7	9:49	0.9	6:02	8:18	☾
24	Tue	3:25	2.5	4:11	3.5	9:23	0.7	10:43	0.9	6:02	8:17	☾
25	Wed	4:26	2.5	5:01	3.6	10:14	0.7	11:35	0.8	6:03	8:17	☾
26	Thu	5:20	2.6	5:51	3.8	11:06	0.6			6:04	8:16	☉
27	Fri	6:13	2.7	6:40	4.0	12:28	0.6	12:00	0.5	6:05	8:15	☉
28	Sat	7:04	2.9	7:26	4.1	1:15	0.4	12:53	0.4	6:06	8:14	☉
29	Sun	7:50	3.1	8:09	4.3	1:56	0.2	1:42	0.2	6:06	8:13	☉
30	Mon	8:33	3.4	8:51	4.3	2:34	0.0	2:29	0.1	6:07	8:12	☉
31	Tue	9:18	3.6	9:34	4.3	3:13	-0.1	3:16	0.0	6:08	8:12	☉