
































Virginia Beach (outer coast), VA - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:03	2.9	2:22	2.2	8:36	0.7	8:26	0.5	6:33	5:58	
2	Sun	3:11	3.0	3:29	2.3	9:35	0.6	9:25	0.4	6:32	5:59	
3	Mon	4:08	3.1	4:25	2.5	10:28	0.5	10:21	0.2	6:30	6:00	
4	Tue	4:58	3.3	5:15	2.8	11:17	0.2	11:16	0.0	6:29	6:01	
5	Wed	5:44	3.5	6:02	3.1			12:01	0.0	6:28	6:02	
6	Thu	6:27	3.7	6:46	3.4	12:08	-0.2	12:41	-0.3	6:26	6:03	
7	Fri	7:08	3.8	7:27	3.8	12:55	-0.4	1:18	-0.5	6:25	6:04	
8	Sat	7:49	3.8	8:10	4.0	1:39	-0.6	1:57	-0.6	6:23	6:05	
9	Sun	9:32	3.7	9:55	4.1	3:25	-0.6	3:37	-0.7	7:22	7:06	
10	Mon	10:17	3.5	10:43	4.2	4:14	-0.5	4:22	-0.6	7:21	7:06	
11	Tue	11:06	3.3	11:35	4.1	5:08	-0.4	5:11	-0.4	7:19	7:07	
12	Wed	11:57	3.1			6:06	-0.2	6:06	-0.3	7:18	7:08	
13	Thu	12:29	3.9	12:51	2.9	7:06	0.0	7:05	-0.1	7:16	7:09	
14	Fri	1:30	3.7	1:57	2.7	8:15	0.2	8:12	0.1	7:15	7:10	
15	Sat	2:47	3.5	3:22	2.7	9:30	0.3	9:28	0.1	7:13	7:11	
16	Sun	4:09	3.5	4:39	2.8	10:39	0.3	10:39	0.1	7:12	7:12	
17	Mon	5:16	3.5	5:42	3.1	11:40	0.2	11:46	0.0	7:10	7:13	
18	Tue	6:14	3.5	6:37	3.3			12:34	0.0	7:09	7:14	
19	Wed	7:03	3.6	7:24	3.5	12:46	-0.1	1:19	-0.1	7:07	7:15	
20	Thu	7:46	3.6	8:05	3.7	1:37	-0.2	1:57	-0.2	7:06	7:15	
21	Fri	8:23	3.5	8:41	3.8	2:18	-0.3	2:29	-0.2	7:04	7:16	
22	Sat	8:57	3.4	9:16	3.8	2:55	-0.2	2:59	-0.2	7:03	7:17	
23	Sun	9:31	3.3	9:50	3.8	3:30	-0.1	3:30	-0.1	7:01	7:18	
24	Mon	10:06	3.1	10:25	3.7	4:05	0.0	4:03	0.1	7:00	7:19	
25	Tue	10:43	3.0	11:03	3.5	4:43	0.1	4:39	0.3	6:58	7:20	
26	Wed	11:21	2.8	11:42	3.4	5:24	0.3	5:19	0.4	6:57	7:21	
27	Thu			12:00	2.7	6:07	0.5	6:02	0.6	6:56	7:22	
28	Fri	12:23	3.2	12:42	2.5	6:54	0.6	6:50	0.7	6:54	7:23	
29	Sat	1:11	3.1	1:32	2.4	7:47	0.7	7:45	0.7	6:53	7:23	
30	Sun	2:09	3.0	2:37	2.4	8:47	0.8	8:48	0.7	6:51	7:24	
31	Mon	3:18	3.1	3:48	2.6	9:45	0.7	9:51	0.6	6:50	7:25	