
































Virginia Beach (outer coast), VA - Jun 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:47	3.1	6:18	4.5	11:47	-0.3			5:45	8:17	
2	Mon	6:46	3.2	7:15	4.7	12:56	-0.3	12:44	-0.4	5:45	8:18	
3	Tue	7:44	3.3	8:09	4.8	1:52	-0.5	1:40	-0.5	5:45	8:18	
4	Wed	8:39	3.4	9:03	4.8	2:44	-0.6	2:34	-0.5	5:45	8:19	
5	Thu	9:34	3.4	9:57	4.6	3:36	-0.6	3:28	-0.4	5:44	8:20	
6	Fri	10:32	3.4	10:53	4.3	4:31	-0.5	4:27	-0.3	5:44	8:20	
7	Sat	11:30	3.4	11:48	4.0	5:28	-0.3	5:30	0.0	5:44	8:21	
8	Sun			12:27	3.4	6:23	-0.2	6:34	0.2	5:44	8:21	
9	Mon	12:40	3.7	1:25	3.4	7:15	-0.1	7:39	0.4	5:44	8:22	
10	Tue	1:34	3.3	2:28	3.4	8:07	0.1	8:48	0.5	5:44	8:22	
11	Wed	2:35	3.0	3:31	3.5	8:58	0.2	9:53	0.6	5:44	8:23	
12	Thu	3:39	2.8	4:25	3.6	9:45	0.3	10:50	0.6	5:44	8:23	
13	Fri	4:35	2.6	5:11	3.6	10:28	0.4	11:44	0.5	5:44	8:24	
14	Sat	5:25	2.6	5:53	3.7	11:11	0.4			5:44	8:24	
15	Sun	6:13	2.6	6:35	3.7	12:34	0.5	11:55 AM	0.4	5:44	8:24	
16	Mon	6:59	2.6	7:16	3.8	1:18	0.4	12:40	0.4	5:44	8:25	
17	Tue	7:41	2.7	7:54	3.8	1:54	0.3	1:23	0.4	5:44	8:25	
18	Wed	8:19	2.8	8:30	3.9	2:27	0.2	2:02	0.4	5:44	8:25	
19	Thu	8:56	2.8	9:07	3.8	2:59	0.2	2:39	0.4	5:44	8:26	
20	Fri	9:33	2.8	9:44	3.8	3:33	0.1	3:17	0.4	5:44	8:26	
21	Sat	10:13	2.9	10:22	3.7	4:09	0.1	3:58	0.4	5:45	8:26	
22	Sun	10:54	3.0	11:02	3.6	4:48	0.1	4:44	0.5	5:45	8:26	
23	Mon	11:36	3.1	11:43	3.5	5:29	0.1	5:34	0.5	5:45	8:26	
24	Tue			12:19	3.2	6:10	0.1	6:27	0.6	5:45	8:26	
25	Wed	12:25	3.4	1:05	3.4	6:52	0.0	7:24	0.6	5:46	8:27	
26	Thu	1:13	3.2	1:58	3.6	7:39	0.0	8:26	0.5	5:46	8:27	
27	Fri	2:09	3.0	2:59	3.8	8:30	0.0	9:31	0.4	5:46	8:27	
28	Sat	3:14	2.9	4:00	4.1	9:26	-0.1	10:34	0.2	5:47	8:27	
29	Sun	4:20	2.9	5:00	4.3	10:23	-0.2	11:37	0.0	5:47	8:27	
30	Mon	5:24	3.0	6:00	4.5	11:23	-0.2			5:48	8:27	