
































## Virginia Beach (outer coast), VA - Apr 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:20	3.9	12:46	3.0	6:58	0.2	6:59	0.1	6:48	7:26	
2	Thu	1:19	3.7	1:52	2.9	8:03	0.3	8:07	0.2	6:47	7:27	
3	Fri	2:32	3.6	3:13	3.0	9:13	0.3	9:22	0.2	6:46	7:28	
4	Sat	3:51	3.5	4:27	3.2	10:17	0.2	10:33	0.1	6:44	7:28	
5	Sun	4:57	3.6	5:29	3.5	11:15	0.0	11:39	0.0	6:43	7:29	
6	Mon	5:56	3.6	6:24	3.8			12:09	-0.1	6:41	7:30	
7	Tue	6:49	3.6	7:14	4.0	12:41	-0.2	12:58	-0.2	6:40	7:31	
8	Wed	7:36	3.6	7:58	4.2	1:34	-0.3	1:41	-0.3	6:38	7:32	
9	Thu	8:19	3.5	8:38	4.3	2:19	-0.4	2:20	-0.3	6:37	7:33	
10	Fri	8:59	3.4	9:17	4.2	3:00	-0.3	2:56	-0.2	6:36	7:34	
11	Sat	9:38	3.3	9:56	4.0	3:39	-0.2	3:33	0.0	6:34	7:35	
12	Sun	10:18	3.2	10:36	3.8	4:19	0.0	4:11	0.2	6:33	7:35	
13	Mon	10:59	3.0	11:17	3.6	5:01	0.2	4:53	0.4	6:31	7:36	
14	Tue	11:40	2.9	11:59	3.4	5:45	0.4	5:39	0.6	6:30	7:37	
15	Wed			12:23	2.7	6:30	0.6	6:27	0.7	6:29	7:38	
16	Thu	12:43	3.2	1:10	2.6	7:18	0.7	7:19	0.8	6:27	7:39	
17	Fri	1:34	3.1	2:08	2.6	8:11	0.7	8:19	0.9	6:26	7:40	
18	Sat	2:35	3.0	3:17	2.7	9:06	0.7	9:22	0.8	6:25	7:41	
19	Sun	3:40	3.0	4:17	2.9	9:56	0.6	10:19	0.7	6:23	7:42	
20	Mon	4:35	3.0	5:04	3.2	10:42	0.5	11:13	0.5	6:22	7:42	
21	Tue	5:23	3.1	5:49	3.5	11:25	0.3			6:21	7:43	
22	Wed	6:10	3.2	6:33	3.8	12:06	0.3	12:10	0.2	6:19	7:44	
23	Thu	6:56	3.3	7:16	4.1	12:56	0.1	12:54	0.0	6:18	7:45	
24	Fri	7:41	3.3	7:59	4.4	1:43	-0.2	1:38	-0.2	6:17	7:46	
25	Sat	8:25	3.4	8:43	4.5	2:27	-0.3	2:21	-0.3	6:16	7:47	
26	Sun	9:10	3.4	9:30	4.5	3:12	-0.4	3:05	-0.3	6:15	7:48	
27	Mon	9:58	3.4	10:20	4.5	4:00	-0.3	3:54	-0.2	6:13	7:49	
28	Tue	10:51	3.3	11:14	4.3	4:53	-0.2	4:49	-0.1	6:12	7:49	
29	Wed	11:46	3.2			5:50	-0.1	5:49	0.0	6:11	7:50	
30	Thu	12:10	4.1	12:44	3.2	6:49	0.0	6:54	0.2	6:10	7:51	