































Virginia Beach (outer coast), VA - May 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:09	3.8	1:51	3.2	7:50	0.1	8:04	0.3	6:09	7:52	
2	Sat	2:17	3.6	3:07	3.3	8:54	0.1	9:19	0.3	6:08	7:53	
3	Sun	3:32	3.4	4:16	3.6	9:53	0.1	10:28	0.2	6:07	7:54	
4	Mon	4:37	3.3	5:13	3.8	10:46	0.1	11:31	0.2	6:05	7:55	
5	Tue	5:34	3.3	6:05	4.0	11:37	0.0			6:04	7:56	
6	Wed	6:26	3.2	6:52	4.1	12:31	0.1	12:25	0.0	6:03	7:57	
7	Thu	7:14	3.2	7:35	4.2	1:23	0.0	1:10	0.0	6:02	7:57	
8	Fri	7:57	3.2	8:14	4.2	2:06	-0.1	1:51	0.0	6:01	7:58	
9	Sat	8:37	3.1	8:51	4.1	2:44	-0.1	2:28	0.1	6:00	7:59	
10	Sun	9:15	3.1	9:28	4.0	3:19	0.0	3:04	0.2	6:00	8:00	
11	Mon	9:53	3.0	10:07	3.8	3:55	0.1	3:41	0.3	5:59	8:01	
12	Tue	10:34	2.9	10:47	3.7	4:33	0.2	4:22	0.5	5:58	8:02	
13	Wed	11:16	2.9	11:28	3.5	5:15	0.3	5:07	0.6	5:57	8:03	
14	Thu	11:59	2.8			5:58	0.4	5:55	0.8	5:56	8:03	
15	Fri	12:10	3.3	12:42	2.8	6:42	0.5	6:45	0.9	5:55	8:04	
16	Sat	12:53	3.2	1:30	2.8	7:26	0.5	7:39	0.9	5:54	8:05	
17	Sun	1:41	3.0	2:26	2.9	8:13	0.5	8:39	0.9	5:54	8:06	
18	Mon	2:37	2.9	3:24	3.1	9:01	0.5	9:39	0.7	5:53	8:07	
19	Tue	3:37	2.9	4:17	3.4	9:48	0.4	10:35	0.5	5:52	8:08	
20	Wed	4:32	2.9	5:05	3.7	10:35	0.2	11:31	0.3	5:52	8:08	
21	Thu	5:25	3.0	5:54	4.1	11:23	0.1			5:51	8:09	
22	Fri	6:18	3.1	6:44	4.3	12:26	0.1	12:14	-0.1	5:50	8:10	
23	Sat	7:11	3.2	7:34	4.6	1:19	-0.2	1:07	-0.2	5:50	8:11	
24	Sun	8:02	3.3	8:24	4.7	2:09	-0.4	1:57	-0.4	5:49	8:11	
25	Mon	8:53	3.4	9:15	4.7	2:57	-0.5	2:48	-0.4	5:49	8:12	
26	Tue	9:46	3.4	10:08	4.6	3:47	-0.5	3:40	-0.4	5:48	8:13	
27	Wed	10:42	3.4	11:04	4.4	4:41	-0.4	4:39	-0.2	5:48	8:14	
28	Thu	11:40	3.4	11:59	4.1	5:38	-0.3	5:42	-0.1	5:47	8:14	
29	Fri			12:39	3.5	6:35	-0.2	6:47	0.1	5:47	8:15	
30	Sat	12:55	3.8	1:41	3.5	7:30	-0.1	7:56	0.2	5:46	8:16	
31	Sun	1:55	3.5	2:50	3.6	8:27	-0.1	9:09	0.3	5:46	8:16	