
































Virginia Beach (outer coast), VA - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:19	3.2	6:35	3.9	12:23	0.9	12:10	0.9	6:35	7:32	
2	Wed	7:01	3.4	7:14	4.0	1:00	0.8	12:56	0.8	6:35	7:30	
3	Thu	7:38	3.6	7:49	4.0	1:32	0.6	1:36	0.7	6:36	7:29	
4	Fri	8:12	3.8	8:23	4.0	2:02	0.5	2:13	0.6	6:37	7:28	
5	Sat	8:46	4.0	8:56	4.0	2:31	0.4	2:50	0.6	6:38	7:26	
6	Sun	9:20	4.2	9:31	3.8	3:02	0.4	3:28	0.6	6:39	7:25	
7	Mon	9:57	4.3	10:10	3.7	3:35	0.4	4:10	0.6	6:39	7:23	
8	Tue	10:37	4.3	10:52	3.6	4:13	0.4	4:57	0.7	6:40	7:22	
9	Wed	11:21	4.4	11:37	3.5	4:56	0.5	5:48	0.8	6:41	7:20	
10	Thu			12:09	4.3	5:44	0.6	6:43	0.9	6:42	7:19	
11	Fri	12:26	3.3	1:02	4.3	6:38	0.6	7:44	0.9	6:43	7:17	
12	Sat	1:23	3.2	2:05	4.3	7:38	0.7	8:51	0.9	6:43	7:16	
13	Sun	2:34	3.2	3:19	4.3	8:46	0.7	9:58	0.8	6:44	7:14	
14	Mon	3:53	3.4	4:29	4.4	9:56	0.6	10:59	0.6	6:45	7:13	
15	Tue	5:02	3.7	5:30	4.5	11:03	0.4	11:57	0.4	6:46	7:11	
16	Wed	6:03	4.0	6:28	4.6			12:08	0.3	6:47	7:10	
17	Thu	7:00	4.4	7:21	4.6	12:50	0.1	1:10	0.1	6:47	7:08	
18	Fri	7:51	4.7	8:09	4.5	1:38	0.0	2:04	0.0	6:48	7:07	
19	Sat	8:38	4.9	8:55	4.4	2:21	-0.1	2:53	0.0	6:49	7:05	
20	Sun	9:23	4.9	9:39	4.1	3:02	0.0	3:41	0.2	6:50	7:03	
21	Mon	10:09	4.8	10:25	3.9	3:43	0.1	4:30	0.4	6:51	7:02	
22	Tue	10:55	4.6	11:11	3.6	4:27	0.4	5:22	0.6	6:52	7:00	
23	Wed	11:41	4.4	11:57	3.4	5:13	0.6	6:14	0.9	6:52	6:59	
24	Thu			12:28	4.1	6:02	0.9	7:07	1.1	6:53	6:57	
25	Fri	12:44	3.2	1:18	3.9	6:53	1.1	8:05	1.2	6:54	6:56	
26	Sat	1:39	3.1	2:18	3.7	7:49	1.3	9:07	1.3	6:55	6:54	
27	Sun	2:53	3.0	3:28	3.7	8:53	1.3	10:02	1.3	6:56	6:53	
28	Mon	4:05	3.1	4:25	3.7	9:53	1.3	10:48	1.2	6:56	6:51	
29	Tue	4:58	3.3	5:11	3.8	10:47	1.2	11:28	1.0	6:57	6:50	
30	Wed	5:42	3.5	5:54	3.8	11:36	1.1			6:58	6:48	