US HARBORS www.USHarbors.com

Virginia Beach (outer coast), VA - Jun 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:39	3.0	11:46	3.4	5:35	0.2	5:35	0.6	5:46	8:17	
2	Wed			12:22	3.0	6:16	0.3	6:24	0.8	5:45	8:18	
3	Thu	12:27	3.2	1:06	3.0	6:56	0.4	7:15	0.8	5:45	8:18	
4	Fri	1:09	3.0	1:54	3.0	7:38	0.4	8:10	0.9	5:45	8:19	
5	Sat	1:57	2.8	2:49	3.1	8:21	0.5	9:08	0.9	5:44	8:19	
6	Sun	2:54	2.7	3:43	3.3	9:07	0.4	10:04	0.7	5:44	8:20	
7	Mon	3:53	2.6	4:31	3.5	9:53	0.4	10:56	0.6	5:44	8:21	
8	Tue	4:46	2.7	5:17	3.7	10:40	0.3	11:48	0.4	5:44	8:21	
9	Wed	5:37	2.7	6:04	3.9	11:28	0.2			5:44	8:22	
10	Thu	6:29	2.8	6:52	4.2	12:41	0.2	12:20	0.1	5:44	8:22	
11	Fri	7:20	3.0	7:40	4.3	1:29	0.0	1:11	-0.1	5:44	8:23	
12	Sat	8:08	3.1	8:27	4.4	2:15	-0.2	2:01	-0.2	5:44	8:23	
13	Sun	8:56	3.2	9:15	4.5	2:59	-0.3	2:50	-0.3	5:44	8:23	
14	Mon	9:47	3.4	10:05	4.4	3:46	-0.4	3:41	-0.2	5:44	8:24	
15	Tue	10:40	3.5	10:57	4.2	4:35	-0.4	4:38	-0.2	5:44	8:24	
16	Wed	11:35	3.6	11:49	4.0	5:28	-0.4	5:39	0.0	5:44	8:25	
17	Thu			12:30	3.7	6:20	-0.4	6:42	0.1	5:44	8:25	
18	Fri	12:41	3.7	1:28	3.8	7:11	-0.3	7:47	0.2	5:44	8:25	
19	Sat	1:37	3.4	2:32	3.8	8:05	-0.2	8:57	0.2	5:44	8:25	
20	Sun	2:43	3.1	3:39	3.9	9:01	-0.1	10:05	0.2	5:44	8:26	
21	Mon	3:52	2.9	4:38	4.0	9:57	-0.1	11:08	0.2	5:44	8:26	
22	Tue	4:56	2.9	5:34	4.1	10:52	0.0			5:45	8:26	
23	Wed	5:55	2.8	6:27	4.1	12:10	0.2	11:47 AM	0.0	5:45	8:26	
24	Thu	6:52	2.9	7:16	4.1	1:06	0.1	12:43	0.1	5:45	8:26	
25	Fri	7:42	3.0	8:01	4.1	1:53	0.0	1:33	0.1	5:46	8:27	
26	Sat	8:26	3.0	8:41	4.0	2:33	0.0	2:17	0.1	5:46	8:27	
27	Sun	9:07	3.1	9:19	3.9	3:10	0.0	2:57	0.2	5:46	8:27	
28	Mon	9:48	3.1	9:57	3.8	3:45	0.0	3:36	0.3	5:47	8:27	
29	Tue	10:29	3.1	10:34	3.6	4:21	0.1	4:17	0.5	5:47	8:27	
30	Wed	11:10	3.1	11:12	3.4	4:58	0.1	5:02	0.6	5:47	8:27	