
































## Virginia Beach (outer coast), VA - Sep 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:49	3.1	1:25	4.0	7:01	0.8	8:06	1.0	6:34	7:32	
2	Thu	1:44	3.0	2:26	4.0	7:59	0.8	9:10	1.0	6:35	7:31	
3	Fri	2:53	3.1	3:35	4.1	9:03	0.7	10:12	0.8	6:36	7:29	
4	Sat	4:05	3.3	4:39	4.3	10:08	0.6	11:10	0.6	6:37	7:28	
5	Sun	5:09	3.6	5:38	4.5	11:12	0.4			6:38	7:26	
6	Mon	6:10	4.0	6:36	4.7	12:06	0.3	12:15	0.1	6:38	7:25	
7	Tue	7:07	4.4	7:29	4.7	1:00	0.0	1:16	-0.1	6:39	7:23	
8	Wed	8:00	4.7	8:20	4.7	1:48	-0.2	2:11	-0.2	6:40	7:22	
9	Thu	8:50	5.0	9:09	4.6	2:34	-0.3	3:04	-0.2	6:41	7:20	
10	Fri	9:40	5.1	9:59	4.3	3:19	-0.3	3:57	-0.1	6:42	7:19	
11	Sat	10:32	5.0	10:50	4.1	4:06	-0.2	4:54	0.1	6:42	7:17	
12	Sun	11:25	4.8	11:43	3.8	4:57	0.1	5:53	0.4	6:43	7:16	
13	Mon			12:18	4.6	5:51	0.3	6:53	0.6	6:44	7:14	
14	Tue	12:36	3.5	1:14	4.3	6:48	0.6	7:57	0.9	6:45	7:13	
15	Wed	1:34	3.3	2:20	4.1	7:49	0.8	9:06	1.0	6:46	7:11	
16	Thu	2:51	3.2	3:34	3.9	8:57	1.0	10:08	1.1	6:46	7:10	
17	Fri	4:07	3.2	4:35	3.9	10:03	1.1	11:00	1.0	6:47	7:08	
18	Sat	5:05	3.3	5:24	3.9	11:00	1.1	11:47	1.0	6:48	7:07	
19	Sun	5:53	3.5	6:08	3.9	11:53	1.0			6:49	7:05	
20	Mon	6:36	3.7	6:48	3.9	12:28	0.9	12:40	0.9	6:50	7:04	
21	Tue	7:14	3.9	7:24	3.9	1:03	0.8	1:21	0.9	6:51	7:02	
22	Wed	7:48	4.0	7:58	3.9	1:33	0.7	1:56	0.8	6:51	7:01	
23	Thu	8:19	4.2	8:30	3.9	2:01	0.6	2:29	0.7	6:52	6:59	
24	Fri	8:51	4.3	9:03	3.8	2:31	0.5	3:02	0.7	6:53	6:58	
25	Sat	9:24	4.3	9:38	3.7	3:01	0.6	3:38	0.7	6:54	6:56	
26	Sun	9:59	4.3	10:15	3.5	3:35	0.6	4:18	0.8	6:55	6:55	
27	Mon	10:38	4.3	10:56	3.4	4:12	0.7	5:03	0.9	6:55	6:53	
28	Tue	11:21	4.3	11:41	3.3	4:55	0.8	5:52	1.0	6:56	6:52	
29	Wed			12:08	4.2	5:44	0.9	6:45	1.0	6:57	6:50	
30	Thu	12:30	3.3	1:00	4.2	6:38	0.9	7:42	1.0	6:58	6:49	