
































Virginia Beach (outer coast), VA - Nov 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:37	3.8	3:54	3.9	9:46	0.6	10:17	0.3	7:27	6:07	
2	Tue	4:39	4.2	4:55	4.0	10:51	0.4	11:10	0.1	7:28	6:06	
3	Wed	5:36	4.5	5:53	4.0	11:54	0.3			7:29	6:05	
4	Thu	6:30	4.8	6:49	4.0	12:02	-0.1	12:54	0.1	7:30	6:04	
5	Fri	7:22	5.0	7:41	3.9	12:55	-0.2	1:48	-0.1	7:31	6:03	
6	Sat	8:10	5.1	8:30	3.9	1:44	-0.2	2:37	-0.1	7:32	6:02	
7	Sun	7:57	5.0	8:18	3.7	1:30	-0.1	2:24	0.0	6:33	5:01	
8	Mon	8:45	4.8	9:07	3.6	2:16	0.0	3:13	0.2	6:34	5:00	
9	Tue	9:33	4.5	9:58	3.4	3:03	0.2	4:04	0.4	6:36	4:59	
10	Wed	10:22	4.2	10:48	3.3	3:55	0.5	4:57	0.5	6:37	4:58	
11	Thu	11:09	3.9	11:39	3.2	4:50	0.7	5:48	0.7	6:38	4:57	
12	Fri	11:56	3.7			5:45	0.9	6:38	0.8	6:39	4:56	
13	Sat	12:35	3.1	12:47	3.4	6:44	1.1	7:29	0.8	6:40	4:56	
14	Sun	1:41	3.1	1:47	3.3	7:48	1.2	8:16	0.8	6:41	4:55	
15	Mon	2:45	3.2	2:46	3.2	8:49	1.1	8:58	0.8	6:42	4:54	
16	Tue	3:33	3.4	3:36	3.1	9:41	1.0	9:37	0.7	6:43	4:54	
17	Wed	4:14	3.6	4:21	3.1	10:29	0.9	10:17	0.6	6:44	4:53	
18	Thu	4:54	3.8	5:05	3.1	11:16	0.7	10:58	0.5	6:45	4:52	
19	Fri	5:33	4.0	5:49	3.2			12:01	0.6	6:46	4:52	
20	Sat	6:12	4.2	6:30	3.2			12:41	0.4	6:47	4:51	
21	Sun	6:51	4.3	7:10	3.2	12:22	0.3	1:19	0.3	6:48	4:51	
22	Mon	7:30	4.4	7:51	3.2	1:03	0.2	1:58	0.2	6:49	4:50	
23	Tue	8:11	4.4	8:34	3.2	1:44	0.1	2:39	0.2	6:50	4:50	
24	Wed	8:56	4.4	9:22	3.2	2:28	0.1	3:26	0.2	6:51	4:49	
25	Thu	9:43	4.3	10:14	3.3	3:17	0.2	4:16	0.2	6:52	4:49	
26	Fri	10:33	4.1	11:08	3.3	4:13	0.3	5:09	0.2	6:53	4:49	
27	Sat	11:24	4.0			5:13	0.4	6:02	0.1	6:54	4:48	
28	Sun	12:05	3.4	12:19	3.7	6:16	0.4	6:57	0.1	6:55	4:48	
29	Mon	1:10	3.6	1:22	3.5	7:25	0.4	7:54	0.0	6:56	4:48	
30	Tue	2:20	3.8	2:32	3.4	8:36	0.4	8:50	-0.1	6:57	4:47	