

































Virginia Beach (outer coast), VA - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:04	3.9	5:23	2.8	11:37	-0.1	11:22	-0.3	7:16	4:58	
2	Sun	5:58	4.0	6:17	2.9			12:30	-0.2	7:16	4:58	
3	Mon	6:46	4.0	7:04	3.0	12:16	-0.4	1:14	-0.3	7:16	4:59	
4	Tue	7:28	3.9	7:47	3.0	1:03	-0.4	1:53	-0.3	7:17	5:00	
5	Wed	8:07	3.8	8:28	3.0	1:44	-0.3	2:29	-0.3	7:17	5:01	
6	Thu	8:45	3.7	9:08	3.0	2:23	-0.2	3:05	-0.2	7:17	5:02	
7	Fri	9:22	3.5	9:49	3.0	3:03	0.0	3:42	-0.2	7:17	5:03	
8	Sat	9:59	3.3	10:30	2.9	3:46	0.1	4:19	-0.1	7:17	5:04	
9	Sun	10:37	3.1	11:09	2.9	4:31	0.3	4:57	0.0	7:16	5:05	
10	Mon	11:15	2.9	11:49	2.9	5:17	0.4	5:35	0.1	7:16	5:05	
11	Tue	11:55	2.6			6:05	0.5	6:16	0.1	7:16	5:06	
12	Wed	12:35	2.9	12:41	2.4	6:58	0.6	7:02	0.2	7:16	5:07	
13	Thu	1:29	2.9	1:38	2.3	7:57	0.6	7:53	0.2	7:16	5:08	
14	Fri	2:29	3.0	2:42	2.3	8:57	0.5	8:46	0.1	7:15	5:09	
15	Sat	3:26	3.2	3:41	2.3	9:53	0.4	9:40	0.0	7:15	5:10	
16	Sun	4:19	3.4	4:36	2.5	10:49	0.2	10:34	-0.2	7:15	5:11	
17	Mon	5:11	3.7	5:31	2.7	11:43	-0.1	11:30	-0.4	7:15	5:12	
18	Tue	6:02	3.9	6:23	2.9			12:31	-0.4	7:14	5:13	
19	Wed	6:50	4.1	7:12	3.2	12:23	-0.7	1:16	-0.6	7:14	5:14	
20	Thu	7:36	4.2	8:00	3.4	1:13	-0.8	1:59	-0.8	7:13	5:15	
21	Fri	8:22	4.2	8:50	3.6	2:02	-0.9	2:43	-0.9	7:13	5:17	
22	Sat	9:10	4.0	9:42	3.7	2:54	-0.8	3:30	-0.9	7:12	5:18	
23	Sun	9:59	3.8	10:35	3.7	3:50	-0.7	4:20	-0.8	7:12	5:19	
24	Mon	10:50	3.5	11:29	3.7	4:49	-0.5	5:12	-0.7	7:11	5:20	
25	Tue	11:41	3.1			5:50	-0.3	6:05	-0.6	7:11	5:21	
26	Wed	12:27	3.6	12:39	2.8	6:56	-0.1	7:03	-0.4	7:10	5:22	
27	Thu	1:35	3.5	1:50	2.6	8:08	0.1	8:07	-0.3	7:09	5:23	
28	Fri	2:50	3.5	3:08	2.5	9:19	0.1	9:12	-0.2	7:09	5:24	
29	Sat	3:56	3.5	4:14	2.5	10:24	0.1	10:14	-0.2	7:08	5:25	
30	Sun	4:55	3.5	5:14	2.6	11:25	0.0	11:15	-0.2	7:07	5:26	
31	Mon	5:48	3.5	6:07	2.8			12:16	-0.1	7:06	5:27	