



## Virginia Beach (outer coast), VA - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:28	4.0	9:42	4.3	3:18	-0.4	3:30	-0.2	6:09	8:11	☀
2	Tue	10:17	4.2	10:31	4.2	4:02	-0.4	4:23	-0.1	6:10	8:10	☀
3	Wed	11:09	4.3	11:21	3.9	4:49	-0.4	5:21	0.0	6:10	8:09	☀
4	Thu			12:01	4.3	5:39	-0.3	6:21	0.2	6:11	8:08	☀
5	Fri	12:12	3.7	12:55	4.3	6:31	-0.2	7:23	0.3	6:12	8:07	☀
6	Sat	1:06	3.4	1:55	4.2	7:26	0.0	8:31	0.5	6:13	8:06	☀
7	Sun	2:09	3.2	3:05	4.2	8:26	0.2	9:41	0.5	6:14	8:05	☀
8	Mon	3:25	3.0	4:15	4.1	9:31	0.3	10:46	0.5	6:15	8:04	☀
9	Tue	4:38	3.1	5:17	4.2	10:35	0.3	11:48	0.5	6:15	8:02	☀
10	Wed	5:42	3.2	6:13	4.2	11:38	0.3			6:16	8:01	☀
11	Thu	6:40	3.3	7:04	4.2	12:45	0.4	12:39	0.3	6:17	8:00	☀
12	Fri	7:30	3.5	7:49	4.2	1:33	0.3	1:31	0.3	6:18	7:59	☀
13	Sat	8:14	3.6	8:27	4.1	2:12	0.2	2:15	0.3	6:19	7:58	☀
14	Sun	8:52	3.7	9:03	4.0	2:45	0.1	2:54	0.4	6:20	7:57	☀
15	Mon	9:29	3.8	9:38	3.9	3:17	0.2	3:31	0.5	6:20	7:55	☀
16	Tue	10:06	3.8	10:13	3.7	3:48	0.2	4:09	0.6	6:21	7:54	☀
17	Wed	10:43	3.8	10:50	3.5	4:21	0.3	4:50	0.7	6:22	7:53	☀
18	Thu	11:20	3.8	11:29	3.3	4:57	0.5	5:34	0.9	6:23	7:52	☀
19	Fri	11:58	3.7			5:35	0.6	6:19	1.0	6:24	7:50	☀
20	Sat	12:07	3.2	12:38	3.7	6:16	0.7	7:06	1.1	6:24	7:49	☀
21	Sun	12:49	3.0	1:23	3.7	6:59	0.8	7:59	1.1	6:25	7:48	☀
22	Mon	1:37	2.9	2:17	3.7	7:49	0.9	8:58	1.1	6:26	7:46	☀
23	Tue	2:38	2.8	3:20	3.7	8:45	0.9	9:56	1.0	6:27	7:45	☀
24	Wed	3:45	2.9	4:20	3.9	9:44	0.8	10:50	0.8	6:28	7:44	☀
25	Thu	4:46	3.1	5:14	4.1	10:42	0.6	11:43	0.6	6:29	7:42	☀
26	Fri	5:42	3.4	6:07	4.3	11:40	0.4			6:29	7:41	☀
27	Sat	6:36	3.7	6:58	4.5	12:35	0.3	12:38	0.2	6:30	7:40	☀
28	Sun	7:28	4.1	7:47	4.6	1:22	0.1	1:33	0.0	6:31	7:38	☀
29	Mon	8:17	4.4	8:34	4.6	2:06	-0.2	2:24	-0.1	6:32	7:37	☀
30	Tue	9:05	4.7	9:22	4.5	2:50	-0.3	3:15	-0.2	6:33	7:35	☀
31	Wed	9:54	4.8	10:11	4.3	3:34	-0.3	4:09	-0.1	6:33	7:34	☀