
































## Virginia Beach (outer coast), VA - Jun 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:05	3.2	5:44	4.4	11:13	-0.3			5:45	8:17	
2	Sat	6:07	3.3	6:41	4.7	12:14	-0.3	12:11	-0.4	5:45	8:18	
3	Sun	7:07	3.4	7:37	4.8	1:14	-0.5	1:09	-0.5	5:45	8:19	
4	Mon	8:05	3.5	8:30	4.8	2:08	-0.6	2:04	-0.6	5:45	8:19	
5	Tue	8:59	3.6	9:23	4.7	2:59	-0.7	2:57	-0.5	5:44	8:20	
6	Wed	9:53	3.6	10:16	4.5	3:50	-0.6	3:52	-0.4	5:44	8:20	
7	Thu	10:50	3.6	11:09	4.2	4:44	-0.5	4:50	-0.2	5:44	8:21	
8	Fri	11:45	3.5			5:38	-0.3	5:52	0.1	5:44	8:21	
9	Sat	12:00	3.9	12:39	3.5	6:30	-0.2	6:53	0.3	5:44	8:22	
10	Sun	12:50	3.5	1:34	3.4	7:20	0.0	7:56	0.5	5:44	8:22	
11	Mon	1:42	3.2	2:36	3.4	8:09	0.1	9:02	0.6	5:44	8:23	
12	Tue	2:42	2.9	3:37	3.4	8:58	0.3	10:03	0.6	5:44	8:23	
13	Wed	3:45	2.7	4:28	3.5	9:45	0.3	10:57	0.6	5:44	8:24	
14	Thu	4:39	2.7	5:13	3.5	10:28	0.4	11:47	0.6	5:44	8:24	
15	Fri	5:28	2.7	5:55	3.6	11:11	0.4			5:44	8:24	
16	Sat	6:16	2.7	6:36	3.7	12:35	0.5	11:56 AM	0.4	5:44	8:25	
17	Sun	7:01	2.8	7:16	3.8	1:17	0.3	12:42	0.3	5:44	8:25	
18	Mon	7:43	2.9	7:54	3.9	1:53	0.2	1:25	0.3	5:44	8:25	
19	Tue	8:21	2.9	8:30	3.9	2:26	0.1	2:05	0.2	5:44	8:26	
20	Wed	8:59	3.0	9:07	3.9	2:58	0.1	2:43	0.2	5:44	8:26	
21	Thu	9:37	3.1	9:44	3.9	3:33	0.0	3:23	0.2	5:45	8:26	
22	Fri	10:18	3.1	10:24	3.8	4:10	0.0	4:07	0.3	5:45	8:26	
23	Sat	11:01	3.2	11:06	3.7	4:51	0.0	4:56	0.3	5:45	8:26	
24	Sun	11:45	3.3	11:50	3.6	5:34	0.0	5:48	0.4	5:45	8:26	
25	Mon			12:31	3.5	6:18	-0.1	6:43	0.4	5:46	8:27	
26	Tue	12:36	3.4	1:21	3.6	7:05	-0.1	7:42	0.4	5:46	8:27	
27	Wed	1:28	3.2	2:19	3.8	7:56	-0.1	8:46	0.3	5:46	8:27	
28	Thu	2:30	3.1	3:24	4.0	8:52	-0.1	9:51	0.2	5:47	8:27	
29	Fri	3:38	3.1	4:26	4.2	9:51	-0.2	10:55	0.1	5:47	8:27	
30	Sat	4:44	3.1	5:26	4.4	10:50	-0.3	11:58	-0.1	5:48	8:27	