

































Virginia Beach (outer coast), VA - Jul 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:49	3.2	6:26	4.5	11:52	-0.3			5:48	8:27	
2	Mon	6:53	3.3	7:24	4.6	1:00	-0.3	12:54	-0.4	5:49	8:26	
3	Tue	7:52	3.5	8:17	4.6	1:55	-0.5	1:51	-0.5	5:49	8:26	
4	Wed	8:45	3.6	9:07	4.5	2:45	-0.5	2:45	-0.4	5:50	8:26	
5	Thu	9:37	3.7	9:56	4.3	3:32	-0.5	3:37	-0.3	5:50	8:26	
6	Fri	10:30	3.7	10:45	4.1	4:20	-0.4	4:31	-0.1	5:51	8:26	
7	Sat	11:21	3.7	11:32	3.8	5:08	-0.3	5:28	0.2	5:51	8:26	
8	Sun			12:09	3.6	5:54	-0.1	6:24	0.4	5:52	8:25	
9	Mon	12:16	3.4	12:56	3.6	6:38	0.0	7:19	0.6	5:53	8:25	
10	Tue	1:00	3.1	1:45	3.5	7:21	0.2	8:17	0.7	5:53	8:25	
11	Wed	1:48	2.9	2:41	3.4	8:05	0.4	9:17	0.8	5:54	8:24	
12	Thu	2:46	2.7	3:38	3.4	8:53	0.5	10:12	0.8	5:54	8:24	
13	Fri	3:49	2.6	4:29	3.5	9:41	0.5	11:03	0.8	5:55	8:23	
14	Sat	4:45	2.6	5:15	3.6	10:29	0.6	11:53	0.7	5:56	8:23	
15	Sun	5:36	2.7	6:01	3.7	11:17	0.5			5:56	8:22	
16	Mon	6:26	2.8	6:45	3.8	12:40	0.5	12:07	0.5	5:57	8:22	
17	Tue	7:12	2.9	7:27	3.9	1:21	0.4	12:56	0.4	5:58	8:21	
18	Wed	7:53	3.1	8:05	4.0	1:57	0.2	1:40	0.3	5:59	8:21	
19	Thu	8:32	3.2	8:43	4.0	2:31	0.1	2:22	0.2	5:59	8:20	
20	Fri	9:12	3.4	9:21	4.0	3:05	0.0	3:04	0.1	6:00	8:20	
21	Sat	9:53	3.5	10:01	4.0	3:42	-0.1	3:49	0.2	6:01	8:19	
22	Sun	10:37	3.7	10:44	3.8	4:22	-0.1	4:38	0.2	6:02	8:18	
23	Mon	11:22	3.8	11:30	3.7	5:05	-0.1	5:31	0.3	6:02	8:17	
24	Tue			12:10	3.9	5:51	-0.1	6:27	0.3	6:03	8:17	
25	Wed	12:17	3.5	1:00	4.0	6:40	-0.1	7:26	0.4	6:04	8:16	
26	Thu	1:09	3.3	1:58	4.1	7:33	0.0	8:30	0.4	6:05	8:15	
27	Fri	2:10	3.2	3:05	4.1	8:32	0.0	9:37	0.4	6:05	8:14	
28	Sat	3:22	3.1	4:13	4.2	9:34	0.0	10:43	0.3	6:06	8:14	
29	Sun	4:33	3.1	5:16	4.3	10:37	0.0	11:46	0.2	6:07	8:13	
30	Mon	5:40	3.3	6:16	4.4	11:41	0.0			6:08	8:12	
31	Tue	6:43	3.5	7:13	4.5	12:48	0.0	12:45	-0.1	6:09	8:11	